

# ANNUAL REPORT

## 2022-2023



Workshop on One Health & Antibiotic Resistance under Prevent It project with students of Tripura University on 12<sup>th</sup> May 2022



Leaflet Distribution in Tea garden under M RITE



Special Day celebration on Raksha bandhan (MRITE)

Various activities under MOMENTUM Routine Immunization Transformation and Equity (M-RITE) Project



Celebration of International Women's Day on 8<sup>th</sup> March 2023 in Anwesha Home(CCI)

**VOLUNTARY HEALTH ASSOCIATION OF TRIPURA**

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# PROLOGUE

The journey of Voluntary Health Association of Tripura (VHAT) since its humble beginning in 1988 by a few passionate individuals, reached at present to a state of vibrant well known entity.

In the year 2022-23, VHAT was continuing its activities with multiple stakeholders, Government bodies , national and international support agencies and individual supporters. We continued the implementation of almost all the previous projects, like COVID-19 vaccination & routine immunization, CHILDLINE projects in West and Sepahijala district, The Union Tobacco Control Project in all districts of Tripura in close collaboration with the State Tobacco Control Cell, five Child Care Institutions (CCIs) in West, Sepahijala & South Tripura district, residential primary school for the tribal children , NIOS Courses, TDF project in North Tripura district with NABARD support and SNAC Tripura project under the National Trust.

This year we had received support for the first time from Ministry of Tribal Affairs for Ratanmani Vidyalay. Jan Shikshan Sansthan (JSS) Dhalai project achieved its targeted goal of activities with support from the Ministry of Skill Development and Entrepreneurship , Gov. of India. The Miracle Foundation was providing training to the project staff & support for activities of FBAC ( Family Based Alternate Care ) for the reintegrated children of the CCIs with the families / extended families.

Though the challenges to achieve the desired outcomes were enormous because of multi-lingual rural population , inadequate transport facility and communication links in remote rural hamlets, but we could overcome most of them due to dedicated members of our work-team.

**The year 2022-23 was also a year of tremendous grief as we lost our Founder Member and the Chief Adviser Professor Dr. Dilip Kumar Ray on 1<sup>st</sup> May 2022 due to after effect complications of COVID-19 transmission.**

We like to extend our deep appreciation and gratitude to all the Support Agencies, State Government, the Ministries under Government of India and Individual Donors across the globe to support, encourage and promote our endeavours to serve the people in need. We sincerely appreciate the support and guidance received from Voluntary Health Association of India, New Delhi, RCRC, NABARD, Community Action Collab(CAC), Health & Family Welfare & Tribal Welfare Department, Government of Tripura

We are thankful to all the Member Organizations, Individual Members, all the staff and all Executive Committee Members for their sincere efforts and supports. We are grateful to local Media for providing the coverage of our activities.

Our future aim is to continue the contribution, through our activities for the sustainable development with the focus on ensuring to reach to most needy section of the society. Whilst it is becoming increasingly challenging to find new sponsors, we are hopeful of continuing to obtain new supporters for our works. We look forward for more achievements to make a positive difference among the less privileged section of the Society.

Ms. Sikha Saha  
President

Voluntary Health Association of Tripura

Dr.Sreelekha Ray  
Executive Director

Voluntary Health Association of Tripura

# **ABOUT VOLUNTARY HEALTH ASSOCIATION OF TRIPURA (VHAT) – THE ORGANIZATION**

## **VISION:**

Creating excellence in Health and Socio Economic Development with priority to the less privileged section of the Society.

## **MISSION:**

**Our Mission is to :**

**Build capacity** of Civil Society Organizations through trainings and IEC.

**Promote** social justice, equity and rights in the context of accessibility of health services with emphasis on under privileged sections.

**Promote** sustainable development, gender equity, inclusion and rehabilitation of PWDs, elementary education and right to education, implementation of child rights, elimination of all form of violence against children and women.

## **STRATEGIES:**

- ☐ Empowerment of the human resource through trainings on health and other sectors.
- ☐ Working with other organizations, both governmental and non-governmental.
- ☐ Collection, documentation and dissemination of information.
- ☐ Peer education.
- ☐ Collection of opinion from people and grass-root organizations for advocacy.
- ☐ Working for promotion of community participation in development process.
- ☐ Conducting Vocational Training for employment and socio-economic empowerment through capacity building.
- ☐ Working directly and indirectly as service provider.

## **OBJECTIVES:**

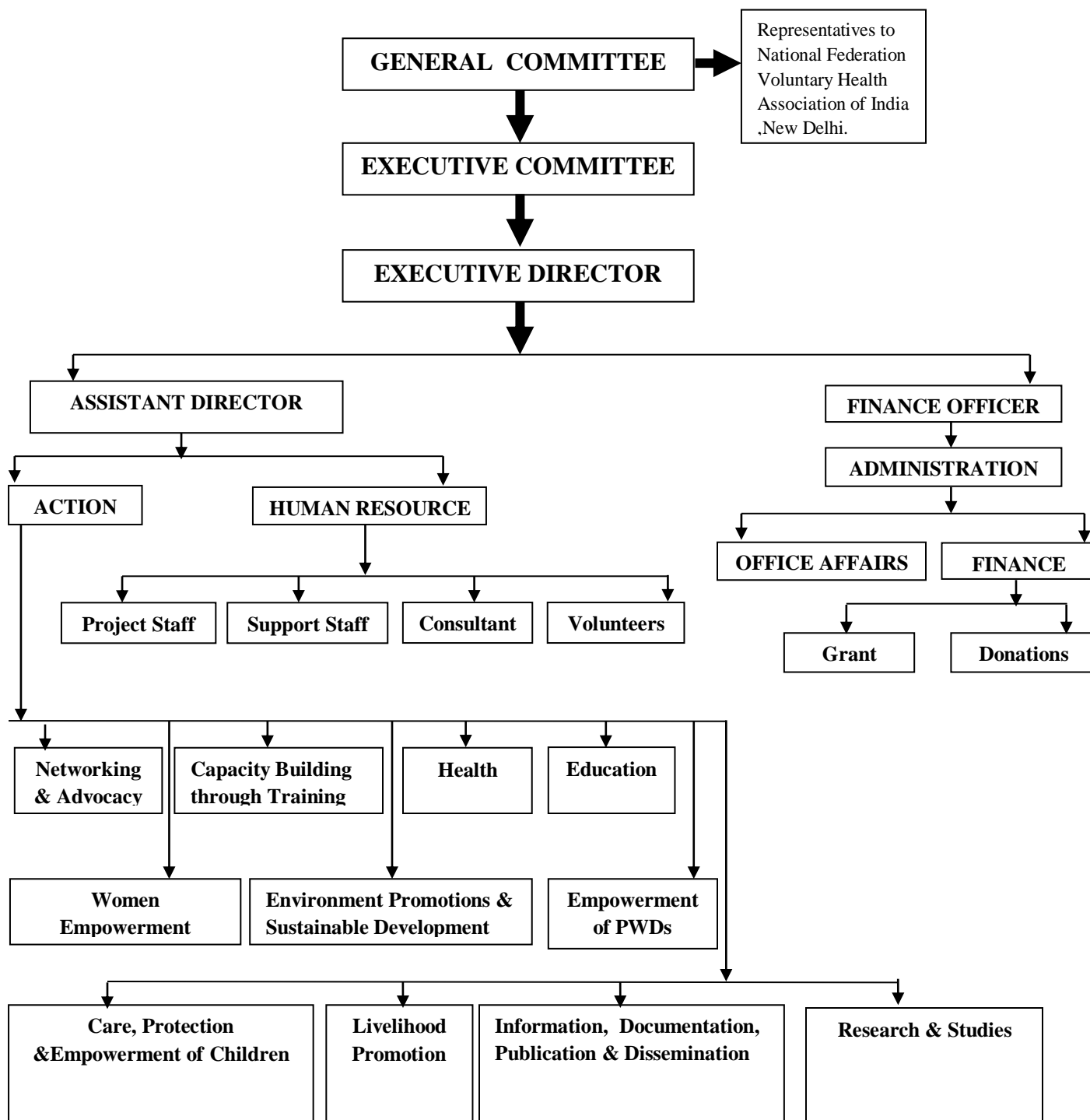
- ◇ Promotion of preventive & curative health service with priority to the less privileged section of the Society.
- ◇ Promotion of health, environment, gender issue, rights of children, women & PWDs, through IEC and technical support.
- ◇ Socio-economic empowerment of the women of the weaker sections and the youths through vocational trainings.
- ◇ Promotion of Elementary Education of underprivileged children
- ◇ Prevention of Child trafficking and violence against Children & Women.
- ◇ Networking with Government Bodies, policy makers, Corporate Bodies & NGOs for improvement of health, environment & socio-economic status.
- ◇ Rehabilitation of persons with disability through inclusive approaches.
- ◇ To undertake any other activities related to health promotion and care & protection of children.

## **Legal Status of VHAT:**

- a) Registered under Society Registration Act 1860
- b) Registered under 12A of Income Tax Act, 1961.
- c) Registered under 80G of Income Tax Act
- d) Registered under Section 11(1) of the Foreign Contribution (Regulation) Act, 2010.
- e) Registered under NITI Aayog
- f) Registered under Sub-section-2 of Section 51 under the Rights of Persons with Disabilities Act, 2016
- g) Registered under section 12 (4) of the National Trust Act.

# ORGANOGRAM

## VOLUNTARY HEALTH ASSOCIATION OF TRIPURA (VHAT)





# EXECUTIVE COMMITTEE OF VHAT

Sl.No	Name	Address	Gender	Occupation & Qualification	Aadhaar No	PAN No	Position in Executive Committee
1	Ms. Sikha SahaDas, DoB: 30/05/1952	W/O: Dr.Tapan Kumar Das, Thakur Pally Road, Opposite to TVS Showroom, Krishna Nagar, Agartala-799001, Tripura, M- 9774015003	F	Ex-Register, Tripura Nursing Council, Govt of Tripura & Principal, ILS Nursing Institute, B.Sc(Bio),B.Sc (Hons Nursing)	749844717923	AIBPS4548N	President
2	Md. Mokbul Ali, DoB: 02/01/1962 Email: pushparajclub1565@gmail.com	S/O-Late Hazi Mahamud Ali Babur Bazar, Kailashahar, Unakoty District, Tripura Cell No: 8798423485,	M	B.A., D Pharma,Ex-Gov. Pharmacist (Ayurveda)	427202789920	ABSPA5313P	Vice President
3	Ms. Banarani Choudhury DoB: 16/11/1963	W/O:Mr. Rana Kumar Das, Usha Bazar Shanitala, Vill: Chhinaihani, PO: Airport-799009, Agartala, Tripura, Cell-9485146168	F	Govt. MPS, Diploma in ANM	562954846260	AVBPC0294J	Secretary
4	Mr. Benudhar Acharya DoB: 05-02-1962	S/O Late Bhupesh Chandra Acharya, Vill, PO-Khowai, Khowai Tripura Pin- 799201 Cell no -9436540591	M	Ex-Bank Officer, M.Com.	873762932659	ABZPA6253H	Assistant Secretary
5	Mr. Hari Bhushan Das DoB:04/03/1958	S/O- Late Ramesh Ch. Das PO-R.K.Pur, Chanban, Udaipur, Gumati District, Tripura,M: 9862188952	M	BA, BEd, Retired Deputy IS, Govt of Tripura	536307477506	ABVPD1983D	Treasurer
6	Mr.Partha Sakha Debnath, DoB: 15/11/1968	P.O-Dhaleshwar, Road No.1 Agartala, Cell- 8794446069/9436581983	M	Ex-Pharmacist, Govt. of Tripura	352332432069	BFDPD3696A	Member
7	Mr. Biswajit Bhowmik, DoB:07/06/1967	President, Vivekananda Library, Vill : Hapania, Near Hapania Bazar ,P.O - O.N.G.C.,Pin:799014,Tripura District,Ph.9366376362	M	B.A., service in Public Health Department, Gov of Tripura	238268389412	ANNPB8974G	
8	Mr. Uttam Kumar Das, DoB:01/11/1965	Secretary: Prachesta Social Welfare Society, Vill & PO: Howaibari -799205, Teliamura, Khowai Dist M:9774931911, Email:uttambee1@gmail.com	M	B.A. Teacher-Anandamarg Primary School	463018190559	BALPD8641J	Member
9	Mr.Meghnad Debnath DoB:14-11-1964	S/O- Late,Hiralal Debnath , Nalgaria, Ranirbazar, Majlishpur, West Tripura,Pin-799035,Cell: 9436487268	M	School Teacher, B.Sc.(Bio)	388744797115	ASTPD8829R	Member
10	Mr.Asit Chakraborty DoB:21-11-1978	S/O-Narayan Chakraborty, Shibpur,Krishnanagar, Belonia, South Tripura,Cell :9774048096, Email: netajiwelfare@gmail.com	M	Social Worker, Madhyamik	358865009888	ATRPC0926F	Member
11	Dr. Sreelekha Ray, DoB:07/01/1954	W/O Late Dr. D.K.Ray, Ashram Chowmohani, PO:Agartala College, Agartala, Tripura-799004. Cell-9436129317	F	Executive Director, (B.Sc & DMS-Diploma in Medicine and Surgery)	271796638653	AFRPR2717P	Ex. Officio (Executive Director)

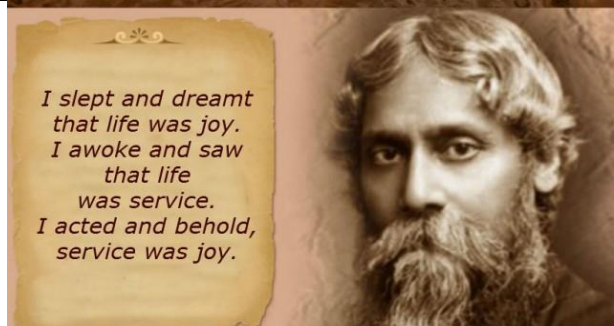

# MEMBERS OF VOLUNTARY HEALTH ASSOCIATION OF TRIPURA

## General Members (Organizational)

1. Secretary / President Bodhan Social Welfare Organisation Cinema Hall Road,P.O.- Khowai, Pin-799 202, Khowai District, Ph.9436540591, Email: benu.acharya@sbi.co.in	2. Secretary / President Vivekananda Library,Vill : Hapania, Near Hapania Bazar, P.O - O.N.G.C., Pin: 799014,West Tripura, Ph.9863052602 Email: vivekananda.library@rediffmail.com
3. Secretary / President Bidyasagar Samaj Kalyan Samsad Vill: Paschim Noagaon, P.O-Purba Noagaon -799035, West Tripura District,Ph. 9436487268 Email: medgnad.dn@gmail.com	4. Secretary / President Blind and Handicapped Association Jail Road, Mantala, P.O. Dharmanagar-799250, North Tripura District, Ph.9436476503 Email:bhadmr1@rediffmail.com
5. Secretary / President Organisation for Rural Survival P.O.- Belonia, Pin:799155 Ek No Tilla South Tripura,Ph. 9436540851 Email : orsbelonia@gmail.com	6.Secretary / President St. Vincent's Welfare Society Old Khathalcherra, P.O - Nepal Tilla-799289 Dhalai Tripura, Ph.9612064316/ 9436903229 Email : stvws@rediffmail.com
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9. Secretary / President Pushparaj Club,P.O. Baburbazar9, Pin : 799277 Kailashahar, Unakoti District, Ph.9436469090 Email:childlinekailashahar@gmail.com	10. Secretary / President Adarsha Sangha,P.O : Dewanpasha-799250, Dharmanagar,North Tripura, Ph.9436132607, Email: njanbardhan73@gmail.com
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13. Secretary / President Prabhaha Dhalai P.O - Kulai, Pin-799204,Ambassa,Dhalai Dist, Tripura,Ph – 9430536874 Email: prabahadhalai@gmail.com	14. Secretary / President Subrai Sahitya- O-Sanskritic Bodal Vill- Santirbazar, P.O - Avanga, Pin : 799289,Kamalpur, Dhalai District, Tripura
15. Secretary / President Rwng Songsama Welfare Society PO : Mandai,Vill: Gachia Para PS: Jirania, West Tripura,Ph -9436931007 Email: rwngwelfare@gmail.com	16. Secretary / President Prachesta Social Welfare Society, Vill & PO : Howaibari-799205, Teliamura,Khowai Dist. Ph.- 9615931268 / 9436184214 Email:psws.tlm@gmail.com, Uttambee1@gmail.com
17. Secretary / President Joyashree Vivekananda Society Vill + Po : Joyashree - 799270, Kanchanpur, North Tripura,Mob - 9436366415/9436198715	18. Secretary / President Deora Youth Club,Vill & P.O – Hiracharra – 799277,Kailashahar, Unokoti District, Tripura Ph.9436369410(Malsomliana Darlong)

19. Secretary / President Society for Alternative Thinking and Action Vill- Ranir Goan, P.O – Majlishpur- 799035, Agartala, West Tripura. Ph-9862445005,Email:sata.tri@rediffmail.com	20. Secretary / President Chetana - A Social Organization Vill + Po - Kulai, Pin: 799204, Ambassa, Dhalai District, Mob No - 9436188185 Email: ngochetana_1993@rediffmail.com
21. Secretary / President Samaj Unnayan Sanstha Govindapur, Dharmanagar, Pin : 799250, North Tripura District Ph.9862610052	22. Secretary / President Progresive Research Association & Youth Academic Society (PRAYAS) P.O : Baikhora, Pin : 799744 South Tripura District
23. Secretary / President Suchetana Society, PO: Jolaibari - 799141, South Tripura,Ph. 9862164344/8257957276 Email: suchetanajlb03@gmail.com	24. Secretary / President Ecological Society of Tripura Vill & P.O. - Khilpara (Amtala), Pin : 799120, Udaipur,Gomati District , Tripura State
25. Secretary / President Dinkaal Welfare Society Kalibari Road, PO: Kalyanpur- 799203,Khowai District PH.9615807158 / 9436497520 Email: debsajal09@gmail.com	26. Secretary / President Nari Kalyan Samiti ,Khilpara, P.O – Radhakishorpur-799120,Udaipur, Gomati District, Tripura
27. Secretary / President Aranyak, Vill - Karaiyamura (Bagma) P.O- East Bagabasa -799114,Udaipur, Gomati District, Tripura, Ph. 8730920441 Email: gsudhangshu75@gmail.com	28. Secretary / President Santikali Mission ,Debtapara, P.O. Birendra Nagar, Jirania-799045, West Tripura District Ph.7005687502, Email:santikalimission@gmail.com
29. Secretary / President Socio-Economic Welfare Society P.O. & Vill- Jalabasa, Pin : 799250 Dharmanagar, North Tripura District	30. Secretary / President Ishwar Pathshala, PO:Agartala College -799004 Agartala, Tripura State Ph.9774431697
31. Secretary / President Science Club, P.O. Kadamtala, Pin : 799261 Churaibari, North Tripura, Ph.9402110599	32. Secretary / President Jatiya Juva Sangstha, Vill - Prakashnagar, P.O- Rajnagar- 799155, Belonia, South Tripura Ph.9436479702,Email:apurjn@gmail.com
33. Secretary / President Renaissance Club , PO: RKPur -799120 Udaipur, Gomati District	34. Secretary / President Ambedkar Smriti Sangha Vill - Gopalpur, P.O. Shibnagar- 799270, Kanchanpur, North Tripura
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37. Secretary / President Samaj Unnayan Samity,PO: Samrurpar - 799277 Kailasahar, Unokoti District, Tripura State	38. . Secretary / President Women Welfare Society,Algapur, PO: Darmanagar- 799250, North Tripura District
9. Secretary / President Voluntary Social Development organization P.O. Harina Bazar-799145,Vill-Harina, Sabroom South Tripura District	40. Secretary / President Matribhumi Social Welfare Society (MSWS) P.O : Manubazar – 799143, Sabroom, South Tripura Ph – 9612275895
41. Secretary / President Durga Social Society, Vill & PO: Jolaibari-799141, Santirbazar, South Tripura,Ph.9774126040	42. Secretary / President Dharmanagar Homoeopath Welfare Association, D.N.V. Road, P.O. Dharmanagar - 799250 North Tripura District
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61. Ms. Arpita Paul Lab. Technician Gandhigram PHC West Tripura District	62. Mr.Prasenjit Saha Vill & PO: Jogendranagar,PIN: 799004 Bankumari, West Tripura District, Tripura State Ph. 9436132652,Email:mrprasenjitji@gmail.com
<b>Associate Members</b>	
63. Secretary/President , NOBLE FRIENDS ,Nabincherra, Pecharthal, Unokoti District , Tripura. Ph.9366693174 / 8527502467 , Email: noblefriends2000@gmail.com	64. Ms.Anwesha Ray C/O:Prof Dr. Dilip Kumar Ray Ashram Choumuhani, PO: Agartala College Agartala- 799004, Tripura, India Ph: 6009058958
<div>   <div> <p><i>I slept and dreamt that life was joy. I awoke and saw that life was service. I acted and behold, service was joy.</i></p> <p><b>Not all of us can do great things, but we can do small things with great love. — Mother Teresa</b></p> </div> </div>	

# VHAT ACTIVITIES

## NETWORKING AND ADVOCACY

From its inception, networking has been one of the most priority activities of VHAT to facilitate linkages with other organizations in other sectors including the government agencies. Networking is also an important means to disseminate knowledge and information.

The networking feature of VHAT:-

### **A. Within the state of Tripura-**

- ☐ Federation with CSOs through membership: The membership of VHAT creates opportunity for sharing, co-operating, exchanging information, experiences and activities in the areas of functioning.
- ☐ Support Services for member organizations:
  - Creating awareness about the government policies.
  - Guidance for project formulation, monitoring & evaluation of developmental projects in the grass-root.
  - Information dissemination for availability of fund from various sources.
  - Advise to overcome problems of registration, accounting and report preparation.
- ☐ Capacity Building through trainings to CSOs, members of SHGs & CBOs.
- ☐ Anti- Human Trafficking Activities:

To combat human trafficking and violence against children & women VHAT closely works with the member organizations to sensitize law enforcement agency and allied systems. Hence, law enforcement agencies, administration, Child Welfare Committees, non-government organizations, local institutes and PRIs are involved in sharing information, rescue, and restoration and cross border repatriation.

- ☐ Networking with Local Government Departments: VHAT gives priority in networking with government departments and advocacy for orientation of the government policy for giving maximum benefit to the under privileged as well as underserved population.

### **B. Networking in Regional and National Level**

- ☐ VHAT is federated in national level as state member with Voluntary Health Association of India (VHAI), New Delhi.
- ☐ Associated nationally with CHILDLINE network through CHILDLINE project under CHILDLINE India Foundation, Mumbai.
- ☐ VHAT is networking partner of Rapid Rural Community Response (RCRC) & Community Action Collab(CAC) which provided us the opportunity for relief work for COVID victims and flood relief in Assam.
- ☐ Give India Network connecting VHAT with different individuals nationally and internationally to know about VHAT activities and supporting the programs to serve the under privileged section of the society.
- ☐ VHAT is a part of ECHO (Extension for Community Healthcare Outcomes) India network.

### **C. Advocacy:**

- ☐ Policy level advocacy through the network is a priority activity of VHAT. Since its inception in 1988 as state level network of NGOs and CBOs, it had conducted many advocacy campaigns like protection of biodiversity and promotion of sustainable development, implementation of PCPNDT Act for the prohibition of sex selection, before or after conception, and for regulation of pre- natal diagnostic techniques, advocacy for Inclusive Education to include children with disabilities in the main education system with empowerment of the teachers through training and during COVID pandemic for COVID vaccination.

♠ *Networks provide valuable information not widely known, giving the organization a competitive edge by helping it to make better-informed decisions or plans.*

♠ *Networks connect organization with each others. Two (or more) heads are better than one for problem-solving because different people bring different ideas to a problem formed from their unique knowledge and experience.*

♠ *Networks can amplify your influence by connecting you to individuals whose interests align with your own.*



# HEALTH-PROMOTION



# EMPOWERING COMMUNITY-BASED INSTITUTIONS FOR SUPPORTING RISK COMMUNICATION AND COMMUNITY ENGAGEMENT (RCCE) FOR COVID-19 AND ROUTINE IMMUNIZATION

## Background:

Routine Immunization (RI) is one of the most important program of Government of India which plays a crucial role in reduction of infant and childhood mortality and morbidity. Since December 2019, COVID-19 has emerged as a global pandemic impacting every aspect of life. In India, the first case of COVID-19 was detected on January 30th, 2020 and after that the country has witnessed more than 3.5 crore cases and around 480,000 deaths due to this deadly disease.

To counter the pandemic, like other countries of the world, India has also taken several measures such as lockdowns, promotion of COVID appropriate behaviors and introduction of COVID-19 vaccination in past two years. On January 16th, 2021, India has launched world's largest COVID-19 vaccination program in phase-wise manner and vaccinated people above 18 years of age. From 3rd January 2022, the government started the vaccination of teenagers of age group of 15-18 years. The Government is also providing precautionary booster dose of COVID vaccine to the frontline workers and people above 60 years with co-morbidities from 10th January 2022 onwards.

However, from the experiences of Routine Immunizations and also as witnessed in the past few months, vaccine hesitancy and vaccine eagerness have emerged as a dual challenge to the introduction and uptake of the COVID-19 vaccines in India. In Assam including the Hailakandi and Karimganj districts has low Routine Immunization coverage was already a challenge, which was further impacted due to COVID-19 pandemic.

## The Intervention:

To overcome the pandemic, people's behavior and their compliance towards following various COVID-19 preventive measures was the key factor. Risk Communication and Community Engagement (RCCE) could play a critical role in this and subsequently winning the battle with devastating pandemic. This can be helpful in improving the acceptance of routine immunization in the community. Since the inception of COVID-19 pandemic in India, we have been working with support of UNICEF, through Voluntary Health Association of India (VHAI), New Delhi, for empowering the community based institutions for promotion of Routine Immunization, COVID-19 appropriate behaviors and COVID-19 vaccination. Under this intervention, we have identified active local CBOs (such as SHGs, Youth Groups, Women's Groups, PRIs, Community Groups etc.) and influencers (such as Religious leaders, Village heads, Panchayat leaders (*Sarpanch*), teachers etc.) and built their capacity on community mobilization for promotion of RI, CAB & COVID-19 vaccination.

This had resulted some very encouraging results - CBOs and influencers engaged and trained by this project have not only created awareness on RI & COVID-19 related issues but also have managed to mobilize the government in organizing the RI & COVID-19 vaccination sessions in their villages.

## Key Achievements:

- Community Consultations-45 in number covering 2(two) districts and covering four(4) blocks
- Miking through E-Rikshaw, Rikshaws, Auto & other vehicles-9 numbers
- Hand washing demonstration sessions-348
- Rallies-6 rallies were conducted with the involvement of school children
- Wall Writings-10 to raise awareness on COVID vaccination and Routine Immunization.
- Engagement of Community Based Organizations played an important role in our project, during the project period we have engaged 63 different CBOs in our project and 81 front line workers.
- Identified and vaccinated total 22 children for full immunization and 27 expected mothers.
- For COVID, we have done various awareness meetings on COVID Appropriate Behaviour in our project areas and mobilized more than 500 people for vaccination.



Meeting with CBOs, local Gov Stakeholders



Hand washing demonstration



# **MOMENTUM ROUTINE IMMUNIZATION TRANSFORMATION AND EQUITY (M-RITE)**

The MOMENTUM Routine Immunization Transformation & Equity (M-RITE) Project was assigned to Voluntary Health Association of Tripura in December, 2021 for creating awareness and accelerating the Covid-19 vaccination coverage in a time bound manner. This project has been supported by JSI Research & Training Institute, Inc. (JSI). In FY 2022-2023, the area of implementation was all eight districts of Tripura.

## **Objectives:**

- ♠ Increase awareness through Inter Personal Communications (IPC) and leveraging available IEC among communities to avail COVID-19 vaccination.
- ♠ Build capacity of community organizations to strengthen COVID-19 vaccination in the state
- ♠ Collaborate with multiple stakeholders viz. health authorities, key government departments, youth groups & empowering them to advocate for increased COVID-19 vaccination and Routine Immunization.

## **Activities:**

- Community Consultation on the benefits of Routine Immunization (RI) and understand the importance of getting vaccines 7 times in 5 years of Routine Immunization .
- Importance of taking full doses of COVID 19 Vaccination. 382 Community Consultations were arranged till March 2023.
- Vaccination Camps in collaboration with Health Department and to provide vaccination service to the unreached population. 137831 people vaccinated with COVID 19 and 2020 doses given for Routine Immunization till March 31<sup>st</sup> 2023.
- Focus Group Discussion (FGD) cum Vaccination Camp for more COVID-19 vaccination and Routine Immunization coverage: Till March 2023 , 59 Focus Group Discussions cum Vaccination Camps were organized . Besides , 172 FGDs were also arranged for COVID 19 and Routine Immunization within March 2023.
- Mobility Support provided to the Health Care Professionals for mobile vaccination- 89 Mobility Support were organized for COVID 19 and 10 for Routine Immunization. Total 99 times Mobility Support were organized till March 31<sup>st</sup> 2023.
- Block Level Advocacy: PRI representatives dealt with the public issues in a better position to address the COVID and Routine Immunization vaccination matter. Total 35 Block Level Advocacy Meetings were organized under COVID 19 project.
- Coordination Meetings: 68 Coordination Meetings were held for COVID 19 and 2 meetings for Routine Immunization till 31<sup>st</sup> March 2023, to Coordinate with Health Care Workers to have better communication in the planned area for vaccine coverage .
- Street Drama : There were 133 Street Drama shows performed in various areas to aware people about COVID 19 vaccination.
- Miking : The total 129 miking were arranged till 31<sup>st</sup> March 2023 to promote and aware about the vaccination & to eliminate fear from people's mind.
- Wall Painting on importance of COVID vaccination in local language
- Tika Rath Van was moving to the block areas with announcement and leaflet distribution on COVID Vaccination. 11 Tika Rath were organized till March 31<sup>st</sup> 2023.

- Door to door mobilization to aware the people about the vaccination regarding Routine Immunization and COVID 19 vaccine.
- Total 37 special day celebration were organized for COVID 19 vaccination and Routine Immunization till 31<sup>st</sup> March 2023.

**Women's Day Celebration:** International Women's Day was celebrated on 10<sup>th</sup> March 2023, in NHM Conference Hall to celebrate and acknowledge women Front line Healthcare workers by M-RITE Projects. Main agenda was to promote the importance of the frontline female workers who worked day and night during COVID 19 and help throughout the project till now. The health care workers were appreciated for their generosity, professionalism and tireless work during the project.



**Focus Group Discussion cum Vaccination Camp at Lalit Mohan Para AWC under Champaknagar PHC, Jirania Block, West Tripura District 22-03-2023**



**Mobility Support provided to the Health Team for conducting RI at S.B Nagar at Killa RD Block, Gomati District on 22-03-2023**



**Coordination meeting with frontline Health Workers at Killa PHC at Killa RD Block under Gomati District 23-03-2023**



**A rural lady got vaccinated**



**Door to door vaccination at Gomati district**

**Raksha Bandhan Celebration:** Raksha bandhan was celebrated on 12<sup>th</sup> August 2022 throughout the state. The volunteers of M-RITE project celebrated it by giving Rakhi to the people and vaccination through vaccination camps in various Schools, Police Stations, Army Camps etc. The moto was to safeguarding them from COVID 19 pandemic by vaccinating people with COVID 19 Vaccine in different areas.



# BLOOMBERG INITIATIVE -THE UNION

## TOBACCO CONTROL PROJECT

As a part of the Bloomberg Initiatives, Voluntary Health Association of Tripura has been implementing 'Tobacco Control Project' in Tripura from February 2020.

The Union- South East Asia office has been providing the technical support for this project. The project has been implementing in all the districts of Tripura in good coordination with the National Tobacco Control Project in state and district level. The core aim of the project was strengthening the smoke free environment and harm reduction through control of Tobacco use in Tripura. Various activities have been carried out under the project in different parts of Tripura in the financial year 2022-23.

♠ **Observation of World No Tobacco Day 2022:** VHAT had observed "World No Tobacco Day On 31<sup>st</sup> May, 2022" in four districts of Tripura i.e. North Tripura, Khowai, Gomati and Unakoti District. The activities were- rally, seminars, awareness sessions, bike rally & discussion sessions. Different categories of participants in these activities were from Youth Clubs, School NSS volunteers, ASHA, Angwanwadi workers and SHG members.



Rally on World No Tobacco Day



Law Enforcers' Training in South Tripura District on 30-08-2022

♠ **In Person Meeting with various Stakeholders:** Under the project interventions, one to one meetings were held with the senior government Officials of state, district and block level. Apart from the administrative offices, the project staff of VHAT visited the line departments like Health & Family Welfare, Rural Development Department, Police Department, Social Welfare Department, Education Department, Labour Department & PRIs while onfield visit or direct meetings.

♠ **District Level Multi-Stakeholders Orientation Workshop:**

During the year of 2022-23, we have organized One day district level multi stakeholder's orientation workshops in four districts-Unakoti, North Tripura, Khowai and Gomati district. The objective of this activity was to sensitize different stakeholders like Policy Makers, Senior Officials from various departments, other stakeholders including Civil Society Organizations, Public Health Institutions and the Media. A detailed discussion was held about the importance of COPTA implementation and ill effects of tobacco use on human body. The various issues related to tobacco as well as local level strategy development were also discussed in these workshops.

♠ **District Level Law Enforcers Training on Tobacco Control:**

The main objective of the training was to enhance the skill and capacity of the officials dealing with COTPA 2003. We have organized this training / program in five districts of Tripura through offline mode and in one district in online mode. All the trainings were conducted in coordination with the District Tobacco Control Cell of respective districts.

♠ **Media Sensitization Workshop on Tobacco Control:** One Media sensitization workshop was held at Agartala on 14<sup>th</sup> September 2022 where District Magistrate & Collector of West Tripura presided over the meeting. Two resource persons were provided by District Tobacco Control Cell, West Tripura. In the workshop media personnel from various media house participated.



♠ **District Level Orientation workshop for Line Departments:**

The engagement of various line departments was needed for the implementation of Tobacco Control initiatives in Tripura. We have conducted the Orientation workshop for Line Departments at district level in three districts of Tripura i.e-Khowai, Unakoti and Gomati District. The officials and representatives of various line departments were participated with their active presentation and participation.



**Bike Rally on World No Tobacco Day**



**District Level Multi-Sectoral Workshop at Unakoti District**



**District Level Multi-Sectoral workshop in Gomati District**



**Law Enforcers' Training at Khowai District**



**TOBACCO: THREAT  
TO OUR  
ENVIRONMENT.  
COMMIT TO  
QUIT TOBACCO**

**“The Journey of thousand miles starts with a single step  
.....take the first step to your goal by saying no to tobacco.”**

# RISK MANAGEMENT AND PREVENTION OF ANTIBIOTICS RESISTANCE- PREVENT IT

Voluntary Health Association of Tripura was one of the partners of “ERASMUS+,” “Risk Management and Prevention of Antibiotic Resistance – PREVENT IT” implementing by Chitkara University, Chandigarh, India.

The objectives of this project :

- Establishment of the first Indian-European team for risk management and prevention of antibiotics resistance.
- Development of tailored-fit modules at consortium’s Indian Higher Education Institutions (HEIs)
- Creating awareness to general public through dissemination activities by consortium’s Non-Government Organizations
- Organizing awareness campaigns at HEIs (via workshops, symposium and conferences) to influence academicians, health care professionals, students, doctors etc.
- To develop sustainable online freely accessible e-course (MOOC) to enlarge target audience
- To train and empower the young talents, creating Indian super experts on Antibiotics Resistance (ABR)
- Publication in scientific journals in order to sustainability and maximize the reach to on ABR risk management and prevention

## Activities of VHAT in 2022-2023:

**Workshop on ‘One Health and Antibiotics Resistance’** – This was organized on 12th May 2022 in the campus of Tripura University, in the presence of Honble Dean of Arts & Commerce Tripura University, Professor Shyamal Dasalong, the Register Dr. Deepak Sharma, Dr. Rajesh Chatterjee, HOD(TU) Centre for the Study of Social Exclusion and Inclusive Policy, Dr Kiranjeet Kaur, Project Coordinator, Prevent IT, Chitkara University, Mr Muni Mohan, Secretary, RIPE & Mr Sujit Ghosh, Assistant Director of VHAT. Participants were students of the University.



**Workshop on ‘One Health & Antibiotic Resistance – Prevent It’ at Tripura University**



**During inauguration of International Conference “One World One Health” at Chitkara University, Chandigarh on 6<sup>th</sup> December 2022.**

In the month of September, 2022, eight separate workshops were conducted by Voluntary Health Association of Tripura as a part of its’ advocacy among the community regarding building awareness on antibiotic resistance (ABR) in various districts of the state. During all the advocacy sessions the technical experts discussed the basics of antibiotic resistance and its spread in human, animals, plants, and the environment.

On 19<sup>th</sup> and 20<sup>th</sup> of September workshop on **Awareness building and sensitization on ABR** was held for the women SHGs at Udaipur, Gomati District.

On 21<sup>st</sup> and 22<sup>nd</sup> of September workshop on **Combating Antibiotic Resistance- Need of the hour** was held for the Community Health Workers ASHA and AWW at Udaipur, Gomati District.

On 26<sup>th</sup> and 27<sup>th</sup> of September one workshop **Awareness building and sensitization on ABR** was held for Non-Government Organization (NGOs) at Teliamura, Khowai District. & another workshop was conducted with the Students UG/PG at Teliamura, Khowai District.

## **Participation in International Conference “One World One Health” at Chitkara University, Chandigarh:**

As one of the implementing partner of Prevent It Project from VHAT Dr Sreelekha Ray, Shri Sujit Ghosh, Shri Joydeep Bhusan & Smt Tanusree Dey participate in this conference from 6-8 December, 2022.



# EDUCATION-PROMOTION



**Children in Ratanmani Vidyalay**



**Hand Wash Training to School Children**



# RATANMANI VIDYALAY : A RESIDENTIAL PRIMARY SCHOOL FOR TRIBAL CHILDREN

Ratanmani Vidyalay was started as a component of **KHOJ** project of VHAT in 1994 to promote primary education among tribal children living in the remote hilly areas of Rupaichari block, vill: Baishnabpur, Sabroom-799145, South Tripura district.

## Students enrollment in 2022-23:

CLASS	SC		ST		OBC		OTH		TOTAL		GRAND Total
	B	G	B	G	B	G	B	G	B	G	
I	0	0	37	30	0	0	0	0	37	30	67
II	0	0	29	16	1	0	0	0	30	16	46
III	0	0	39	24	0	1	0	0	39	25	64
IV	0	0	34	28	0	0	0	0	34	28	62
V	0	0	18	39	0	1	0	0	18	40	58
<b>Total</b>	<b>0</b>	<b>0</b>	<b>157</b>	<b>137</b>	<b>1</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>158</b>	<b>139</b>	<b>297</b>

- ☐ The human resource of the project was competent for catalyzing the formal education as well the extracurricular activities for development of the children.
- ☐ This school played effective role in promoting primary education, sports and extracurricular activities, environmental orientation, awareness on health & hygiene.
- ☐ All the eight teachers and five non-teaching staff were residential and giving extra effort to improve the quality of the education.



**Class Room in Ratanmani Vidyalay**



**Lunch Time in School Hostel**

## Education in the School:

- ☐ There were 8 well trained teachers in the school of which 2 are female and 6 are male teachers.
- ☐ The formal education was based on the curriculum of the Tripura Board of Secondary Education and the books are supplied from the State Government Education Department under Sarva Shiksha Abhiyan (SSA).
- ☐ The students got training and exposure to vocational activities, viz animal husbandry, environmental education and plant nursery.
- ☐ The students from class I-V received health education classes once in a week on prevention of malaria and diarrhea, fever management and first aids as their villages were included in malaria and diarrhea prone area of the state. Moreover, education on sanitation, hygiene – both personal and environmental, as well as on safe drinking water were emphasized in health education classes.
- ☐ All the students attended Yoga class after the morning prayer
- ☐ All the national days were observed in school.
- ☐ During vacation days, the students receive free coaching from the school teachers for quality development.

# VHAT VOCATIONAL EDUCATION CENTRE

## UNDER NIOS

Since 2007, VHAT has been running a Vocational Training Centre accredited by National Institute of Open Schooling (NIOS), under the Ministry of Human Resource Development, Government of India. Vocational Training Centre of VHAT intends to create employment opportunity for the youths. The following courses are offered by VHAT Vocational Education Centre: (AVI-700001).

In the year 2022-23 , following students got admitted –

Sl. No.	Name of Course	No of students
1	Certificate in Ayurvedic Therapy	03
2	Yoga Teachers Training Programme	06
3	Certificate in Homeopathy Dispensing	04
4	Early Childhood Care & Education	10
5	Certificate in Yoga (Six Month)	04
6	Certificate in Community Health	17
	<b>Total</b>	<b>44</b>



**Practical Examination of Certificate in Ayurvedic Therapy.**



**Yoga Practical Examination**



**Viva voce on Certificate Course in Homeopathy Dispensing**



**In the Examination Hall**



# CARE & PROTECTION OF CHILDREN



Children in CCIs run by VHAT



# CHILDLINE AGARTALA

As collaborative organization VHAT initiated CHILDLINE Agartala project with support from Ministry of Women and Child Development through CHILDLINE India Foundation in the year 2003 .

Activities during the FY 2022-2023:-

A) **Case Intervention-** During this financial year CHILDLINE Agartala (Collab) successfully handled 271 cases which were as below:-

►Medical help: 04 , ► Shelter : 47 , ►Restoration: 12 , ► Protection from abuse (Rescue): 104, ►Missing Child: 18 , ► Emotional support and Guidance: 08, ►Others: 78

B) **Number of Weekly Meetings organized by Team Members in CHILDLINE Office for preparation of weekly work plan : 26**

In these meetings CHILDLINE Team prepared plan for Open Houses, City Action Plans, areas of group outreach

C) **Number of Awareness Meetings conducted: 34 .**

These meetings included -community meeting, panchayat meeting, ASHA and Anganwadi meeting, CDPO meeting, meeting with NSS in different parts of West Tripura District throughout the year. CHILDLINE Agartala reached approximately to 3000 people during the activity.

Matter discussed:-CHILDLINE (1098) activities in detail, prevention of child marriages, prevention of child labor, prevention of child sexual abuses, rescue of child from crisis situation etc.

Method used: face to face conversation, brain storming, role play. Materials used: leaflets,banners, placing CHILDLINE hoarding in the places.



**CHILDLINE(Agartala) Birth Day Celebration at VHAT CHILDLINE office on 08-08-2022**



**World No Tobacco Day at Usha Bazar, Narsingarh, Nagorjala,Chandrapur AMC Area on 31-05-2022**



**Group Outreach at Word no-12 Agartala Municipality Office on 22-08-2022**



**CHILD LINE SE DOSTI at East Agartala Women Police Station on 15-11-2022**

**D) Number of Open house organized : 09**

Issues and problems mentioned by the children during open house were- Child Marriage, post COVID related queries, problem of school drop outs, economic inability of parents, child labor, child sexual abuse, bad touches & good touches

**E) Innovative Activities: 04 in number:**

- a) Observation of World Environment Day on 5<sup>th</sup> June, 2022,
- b) World No Tobacco Day on 31/05/2022,
- c) World Day against Child Labour at Radhanagar Bus Stand on 12<sup>th</sup> June 2022,
- d) Celebration of Birth Day of CHILDLINE Agartala on 8<sup>th</sup> August 2022.

**F) CHILDLINE Se Dosti, 2022**

The team members of CHILDLINE Agartala organized CHILDLINE Se Dosti event/campaign on November 15, 2022. The team members visited West Agartala Police Station, West Agartala Women PS. They put on CHILDLINE Se Dosti Band on the wrist of the Officer –in–Charge and other police staffs of the police stations. Then the team members went to East Agartala Police Station and East Agartala Women Police Station. They greeted the staff of Police Station for helping the CHILDLINE especially during the rescue of children in abuse and child marriage cases. The Team Members were also tied the CHILDLINE Se Dosti Band on the wrist of OC and other staff of these police stations. They also attended a photo session with OC and other police staffs.

After that the team members went to Child Welfare Committee, West Tripura Office at Abhoynagar and tied CHILDLINE Se Dosti Band on wrists of Chairperson and other Members of CWC. The team members received a good response from police staffs and CWC members during this event.

## CHILDLINE SEPAHIJALA

VHAT launched the CHILDLINE Sepahijala (Collab) project on 26<sup>th</sup> March 2019 with support from Ministry of Women and Child Development through CHILDLINE INDIA Foundation.

**Activities in 2022-2023:**

**A) Case Intervention-** Total number of intervention cases were 239, which were as below:-

- Medical help: 05, ► Shelter : 22, ► Restoration: 34, ► Protection from abuse(Rescue) 92,
- Sponsorship: 65, ► Other intervention:15, ► Child Labour: 02, ► Missing children:03, ► Emotional support & guidance: 01.

**B) Other activities-**

- CHILDLINE Sepahijala (collab) conducted 12 no of open house events in different school and communities.
- TEAM Members attended 6 SMC meetings in 6 schools to exchange information on care and protection of the children.
- 50 special awareness meetings were organized with ASHA/ Anganwadi workers.
- Total outreach period was 2856 hours in 2022-23. Outreach was one of the major activity of the Team Members to spread the messages in both urban to rural areas.

**C) Innovative activities by CHILDLINE Sepahijala-**

- Observation of World No Tobacco Day-31<sup>st</sup> May 2022
- Observation of World Environment Day-5<sup>th</sup> June 2022
- World Day Against Child Labor- 12<sup>th</sup> June 2022
- Celebration Independence Day-15<sup>th</sup> August 2022
- National Unity Day- 31<sup>st</sup> October 2022
- Observation of Republic Day- 26<sup>th</sup> January 2023
- Celebration of International Women's Day-8<sup>th</sup> March, 2023



**D) CHILDLINE SE DOSTI : A weeklong series of activities implemented / celebrated with following events from 14<sup>th</sup> to 20<sup>th</sup> November 2022:**

- **On 14.11.22:** A rally was organized with CCI and community children covering areas under Bishalgarh Block to aware people about the activities of CHILDLINE, rights of children, prevention of child abuse etc. Beside this the CHILDLINE tied CHILDLINE SE DOSTI BAND on the wrists of the people who helped and cooperated with CHILDLINE in rendering its services.
- **On 15.11.22:** Sports Day was celebrated with Boxonagar local children in the Bhagat Singh mini stadium in presence of Social worker, Pradhan, local people and about 30 participant - children. There were two events in which boys and girls participated separately. Prizes were given to winners. The counselor Tania Saha narrated the activities of the CHILDLINE and importance of sports and games to the growing Children. The guests, Pradhan encouraged the children for sports.
- **On 17<sup>th</sup> and 18<sup>th</sup> November, 22 :** CHILDLINE visited all the blocks and PS under the district and tied CHILDLINE SE DOSTI BAND to the staff of PS, and allied service departments of the district. The CHILDLINE acknowledged their services and thanked them for their help.
- **On 20.11. 2022 :** CHILDLINE organized awareness day at Thakurpara HS school with about 110 children and local people. The children were provided with knowledge through game and screening of KOMOL film how to protect themselves from sexual abuse. Chocolates and information leaflets regarding CHILDLINE and Child rights were distributed.



**View of Awareness event at Thakurpara H.S. school on 16.10.2022**



**View of a rally with community children in Uttam Chowmuhani on 14-11-2022**



**Drawing Competition on National Unity Day on 31-10-2022**



**Intervention by CHILDLINE, TCPCR and Police to stop child marriage case**

# ANWESHA CHILD PROTECTION CENTRE-OPEN SHELTER FOR CHILDREN

Anwasha Child Protection Centre, an Open Shelter for children in need of emergency shelter, run by Voluntary Health Association of Tripura since 2005. There are two sections-Open Shelter for Girls (for 25 girls) and Open Shelter for Boys (for 25 boys) which have been registered under Social Welfare Department as per Juvenile Justice Act, under Ministry of Women & Child Development. This shelter home is on six acres of land and surrounded by fruit trees and vegetable gardens.

In 2022-2023, there were 25 children in Open Shelter Girls and 26 boys in Open Shelter for Boys.

The Open Shelters provided an enriched platform for learning that empowers the children not only to get education but also to develop their self-confidence and self-esteem. It provided services such as education, nutrition, knowledge of computer. Life skill education and vocational training.

## **Target Groups :**

Children of 5-18 year age group of the following categories were the beneficiaries of this project.

- ☐ Orphaned Children.
- ☐ Street children (rag pickers, baggers, etc), victims of any drug addictions.
- ☐ Abandoned Children.
- ☐ Victims of violence/abuse.
- ☐ AIDS victim
- ☐ Any child eligible for getting emergency services.

Due to COVID pandemic when the schools were closed, the children were attending the online classes. They were guided by House Parents, In-charge, GNM nurse and two Social Workers. The children were supported with extra coaching teachers. Apart from educational support, the children were provided with computer lab to enhance their computer knowledge in extracurricular activities which was being supported by Miracle Foundation India (MFI). All the children were attending the computer classes on a regular basis. Life Skill Education training also organized for the children based on their appropriate age.

## **Medical Care and services provided for children :**

- ☐ Monthly height-weight measurement and record maintenance.
- ☐ Quarterly detail health check-up and treatment.
- ☐ Quarterly hemoglobin test.
- ☐ Regular Dental check-up and treatment.      ☐ Hearing test.
- ☐ Vision test.      ☐ Emergency medical care.

Apart from providing emergency care and protection, the Open Shelters were linked with a specialized adoption agency, through which the home can give the children for adoption who were registered under CARA.



**General Health check up in Anwasha Home**



**Computer Class in the Computer Lab of Anwasha Home**

# ANWESHA CHILDREN HOME FOR GIRLS

Anwesha Children Home for Girls has been running by Voluntary Health Association of Tripura since 2005. It was registered in November 2016 as per J.J. Act under Ministry of Women & Child Development for 50 girl children. It provides long term shelter for orphaned and underprivileged girls till completion of 18 years of age. The mission of this CCI was to rescue and protect children from the trauma of physical and sexual abuse, extreme neglect, being abandoned and being a victim or witness of domestic violence. Children were provided shelter, nutrition, education, basic computer knowledge, recreation, medical support and life skill education. To provide a variety of experiences to children, Anwesha Home had undertaken activities like free and structured conversation, rhymes, songs, story-telling, story making, music and movement, dramatization, indoor play activities with blocks, beads, puzzles, clay modeling, outdoor games and outdoor activities including free play running, jumping, hopping, balancing, sand play, gardening, nature walk, etc.

## **Children were involved in following activities:**

- Education –children are attending regular classes at school . In the CCI learning is usually supported by a house parent or experienced tutors.
- Household chores – doing chores helps children learn about what they need to do to care for themselves, a home and a family. They learn skills they can use in their adult lives, like preparing meals, cleaning, organizing and gardening.
- Counseling – Peer counseling in individual situations.
- Training & Capacity building –it encourages the leadership of non-profit to evaluate their abilities to perform in a complex environment.
- Life Skill training – decision-making, creative thinking, interpersonal relationship skills, self-awareness building skills, empathy and coping with stress and emotions.
- Co-curricular activities-dance, yoga, meditation, participation in painting competitions as well as other recreational activities
- Pre-Vocational Training – in stitching and handicrafts, Agriculture and animal rearing
- Computer Education .
- Engaging children in meaningful activities was the pivotal part of the program. We want to engage children, teens and youths with educational and psychosocial activities that improved personal and social skills, alternative learning, physical activities, games and fun!

**Medical Care and Services provided:** Individual medical file was maintained for all the children. Following were the medical services provided to the children.

- ❖ Monthly height-weight and BMI record keeping.
- ❖ Immunization: Hepatitis B, Tetanus vaccine, MMR.
- ❖ Quarterly Hemoglobin test.
- ❖ Monthly Health Check-up and treatment.
- ❖ Annual Dental and ENT check-up. Vision Test. Emergency Medical care.

To ensure accessibility of services and avoid the stigma attached to access services, Anwesha adopts a two-fold strategy towards the delivery of counseling & psychosocial interventions for adolescents.

## **We are committed to helping Adolescents**

- ♠ Actualize their dreams, ♠Cope with their day- to- day stresses, ♠Develop a sense of personal identity
- ♠Respond to conflicts and take up stances, ♠Find directions to reach out their aspirations

In the year 2022-2023, the children of Anwesha Children Home and Anwesha Open Shelters together celebrated and enjoyed following occasions :-

- **Mothers' Day:** On May 8<sup>th</sup>, 2022 , children made cakes, greeting cards and flower bouquets for all mothers at CCI. They painted posters and write many good words for mothers on the walls of the campus. Children played many songs about mothers on this occasion.
- **World Environment Day:** It was afternoon of 5<sup>th</sup> June 2022 ,when all the staff and children gathered in the play ground , discussed about the climate change and bad effects of that. They planted 100 saplings of various trees in the CCI premises.



- ❑ **International Yoga Day:** On 21<sup>st</sup> June 2022 this was celebrated by practicing the yoga asanas by the children
- ❑ **Rakshabandhan** was celebrated through song, dances and binding self made Rakhi on each other's wrists by the fellow inmates of the CCI. Special meal with sweets were serve to children on this occasion.
- ❑ **Independence Day** : On August 15,2022, the day started with flag hoisting ceremony at 7.00 am ,the National Anthem and various Patriotic songs were sung . In the evening TCPCR organized a reception for all the girl students in CCI of West Tripura who did good result in the last annual examination .
- ❑ **World Mental Health Day:** In collaboration with Tripura State Psychiatrist Hospital this day was celebrated on 10<sup>th</sup> October 2022.
- ❑ **Children's Day:** On 14<sup>th</sup> November,2022 , it was celebrated with great joy by organizing a drawing competition among the children.
- ❑ **Christmas Day:** On 25th December, 2022 our children decorated the entire campus by making their own stars, Christmas tree and making cakes to celebrate Christmas themselves. ONGC staff conducted a fire extinguisher training with children and staff . ONGC staff also distributed cakes and sweets to all children .
- ❑ **Annual Sports Day:** On 31st December, 2022 sports competition among children was organized ,followed by special lunch and prize distribution in presence of Executive Committee Members of VHAT.
- ❑ **English New Year** :Celebrated through cultural activities, making paani puri (Fuchka) by children and enjoying a feast on 1<sup>st</sup> January 2023.
- ❑ **National Youth Day:** On 12th January, 2023, discussion session was held with children on the life & work of Swami Vivekananda . In the afternoon children from Anwesha Home participated in a competition the state-level youth Festival event and won the Second Prize .
- ❑ **Makar Sankranti** : On 14th January , 2023 children had a picnic with great joy. Pitha (home made cake) & Khir was given to all of them.
- ❑ **Netaji Subhash Chandra Bose's Birthday** : On January 23rd ,2023 , we hoisted the National Flag at 7.00 am. In the afternoon a yoga competition among all the children was conducted followed by prize distribution ceremony .
- ❑ **Saraswati Puja** celebration was on 16th February , 2023 .
- ❑ **International Women's Day** : On 8th March, 2023 , this day was celebrated through the felicitation of female staff of VHAT in the CCIs & of other projects. Members of Tripura Commission for Protection of Child Rights(TCPCR) and the DISE of West Tripura District were present among the dignitaries.



**Observation of World Mental Health Day**



**Fire Extinguisher Training in Anwesha Home**



**Play time in Anwesha Open Shelter & Anwesha Children's Home**



# UNMESH CHILDREN HOME FOR BOYS

Unmesh Children Home for Boys is a child care institute (CCI) run by Voluntary Health Association of Tripura at East Gokulnagar, Sepahijala District. The home was started from September 2018. It was registered under Juvenile Justices Act-2015, under Ministry of Women and Child Development on 7<sup>th</sup> June, 2019.

During the 2022-2023, 50 children were staying in the home who came with the order from CWC of different districts of Tripura. Out of them 47 Children admitted in Purba Gokulnagar HS School. 3 children did not complete 6 years within 31<sup>st</sup> March 2022. In the Home, their education was guided by two House Fathers & two Coaching Teachers. All the Children were engaged in different co-curricular activities like yoga, sports, gardening, music, drama and drawing.

**Class wise number of the children:** Class-I: 6, Class-II: 6, Class-III: 1, Class-IV: 12, Class-V: 5, Class-VI: 5, Class-VII: 4, Class-VIII: 1, Class-IX: 3, Class-X : 4

Unlike other CCI, children of Unmesh Home also celebrated different national days like World Environment Day(5<sup>th</sup> June 2022), International Yoga Day: On 21<sup>st</sup> June 2022, Independence Day : On August 15, 2022, World Mental Health Day: 10<sup>th</sup> October 2022, Children's Day: On 14<sup>th</sup> November, 2022, International Day of Persons with Disabilities: 3rd December, 2022, Christmas Day: On 25th December, National Youth Day: On 12th January, 2023, Netaji Subhash Chandra Bose's Birthday : On January 23rd, 2023, Saraswati Puja celebration was on 16th February, 2023.

Regular monthly health check-up and treatment to all the children were provided by Medical team of Bishalgarh Hospital. One residential GNM (Nurse) was taking care of the health of the children.

This year, 23 children were shifted from Unmesh Home: one to After Care Home in North Tripura District and other 22 children were reintegrated to the families or extended families after the social investigation of the family situation and counseling of both children and family members. The SIRs (social investigation reports) and counseling were done by the Case Worker and the Counselor of the CCI. Shifting and reintegration was done with the orders from the Child Welfare Committees.



**Children with their prizes who participated in the annual sports competition in school**



**International Yoga Day: On 21<sup>st</sup> June 2022**



# MANORAMA SHISHU NIKETAN-CHILDREN'S HOME FOR GIRLS

Manorama Shishu Niketan - Children's Home for Girls situated at Vill & P.O - Lowgang, P.S. - Santirbazar, Sub-Division - Santirbazar, South Tripura District, Tripura, Pin -799144.It is registered with capacity of 50 children. During the years 2022-2023, on an average 37 children were staying in Manorama Shishu Niketan from various districts of Tripura according to the order from different Child Welfare Committees. We successfully enrolled them into local government schools. 33 children admitted in West Lowgang SB School and rest to West Bakafa H.S School. Along with formal school education the children learnt practicing Yoga , exposed to training in dancing & singing from trained teachers. Our capable staffs always try to boost their confidence by individual or group counseling. Unlike other CCIs , the targeted children for Manorama Home are the Children of 5-18 year age group of the following categories :-.

- ☐ Orphaned Children. ☐ Victims of violence/abuse.
- ☐ Street children (rag pickers, baggers, etc), victims of any drug addictions.
- ☐ Abandoned Children. ☐ POCSO victims , ☐ HIV / AIDS victim

Children of ManoramaShishuNiketan celebrated Bengali New Year Day on 14/04/2022, World Environment Day on 5<sup>th</sup> June 2022 ,International Yoga Day: On 21<sup>st</sup> June 2022 ,Independence Day on August 15,2022, Children's Day: On 14<sup>th</sup> November,2022, Christmas Day: On 25th December, National Youth Day: On 12th January, 2023, Netaji Subhash Chandra Bose's Birthday on January 23rd ,2023, Annual Day on 28<sup>th</sup> February 2023, Saraswati Puja celebration was on 16th February , 2023.

**Nutritional support:** The children were getting three meals a day and breakfast & evening snacks (biscuits, puffed rice banana, sprouted peas etc.) twice a day.

**Medical Care and Services :** ASHA workers, Community Health Officer visited the children on regular basis. The full time residential nurse engaged in the Home continuously looking after the children Three medical camps were conducted for the children where CMO, South Tripura also took active part. Our Paramedical staff always kept track record of children's height & weight.

**Maintenance of individual case file** to address the necessities of each children like counseling, behavioral problems and socially deviant behaviors.

**Entertainment facility:** Facility for indoor games like ludo, carom,chinese checker,& volley ball .

**Home visit:** We have been doing detail investigation of inmate's family situation, checking the possibilities if we can reintegrate them into the family and prepared the SIR(social investigation report).



Mr. Saju Vaheed A, IAS, District Magistrate & Collector of South Tripura District, with the children of Manorama Shishu Niketan on 18th September 2022



Dental screening at Manorama Shishu Niketan on 18th March 2023



Drawing Competition at Manorama Shishu Niketan on 14th November 2022





# WELFARE OF PWDS(DIVYANGJAN)



**Annual Indus Towers Scholarship Award Ceremony 2022-23 for students with disabilities**

# VHAT -STATE NODAL AGENCY CENTRE TRIPURA

## UNDER THE NATIONAL TRUST

Since 1<sup>st</sup> January, 2021 Voluntary Health Association of Tripura has been working as the State Nodal Agency (SNAC) of Tripura, under National Trust, a statutory body of the Ministry of Social Justice and Empowerment, Government of India (Under section 12 (4) of the Act). The Registration No. TVOL17519675538.

VHAT has been implementing various activities of the National Trust for welfare of the person with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities in this state. VHAT is the member of Local Level Committee (LLC) in three districts of Tripura viz. South Tripura District, North Tripura District and Unokoti District.

### As per National Trust norms, VHAT implemented following activities in 2022-23:

- ♠ In 2022-2023, VHAT enrolled 82 (eighty-two) new beneficiaries for Niramaya Health Insurance Scheme and did renewal of the Health Cards for 211 (two hundred eleven) beneficiaries in this scheme.
- ♠ 22<sup>nd</sup> October to 2<sup>nd</sup> November, 2022, Voluntary Health Association of Tripura organised “BADTHE KADAM” – a community awareness activity regarding the schemes of National Trust for the welfare of PWDs (autism, mental retardation, cerebral palsy, and multiple disability) through distribution of 2500 number printed **leaflets and posters**. One workshop for creating awareness among school teachers was organized in collaboration with Samagra Siksha Aviyan within this period.
- ♠ Voluntary Health Association of Tripura is a Local level committee member for issuing Legal Guardianship under the chairmanship of District Magistrate and Collector of North, South and Unakoti District of Tripura. Under the Chairmanship of DM & Collector total 09 (nine) Legal Guardianship Certificates issued for the benefit of the PwDs.
- ♠ On 23<sup>rd</sup> March 2023, a cultural team from Voluntary Health Association of Tripura participated in National Level Exhibition on 'Talent and Scope of Persons with Intellectual and Developmental Disabilities' in Delhi. During the exhibition, Persons with Intellectual and Developmental Disabilities did showcase their talent and skill in the form of cultural activities.
- ♠ World Down Syndrome Day was observed on 21st March 2023 by lightening the office premises of the organization in **Blue** colour as per guideline of the National Trust, for creation of awareness among the community.

### ন্যাশনাল ট্রাস্ট এর সাংস্কৃতিক মঞ্চে ভ্যাট এর দিব্যাজনেরা



সামান্য প্রতিনিধি, আগরতলা, ৫ মার্চ।। ভারতের সামাজিক ন্যায় ও ক্ষমতায়ন মন্ত্রকের অধীনে গঠিত ন্যাশনাল ট্রাস্ট অটিজম, সেরিব্রাল পালসি, মানসিক প্রতিবন্ধী এবং মান্দি পল ডিজেবিলিটি দের কল্যাণে কাজ করে চলেছে সমস্ত দেশ জুড়ে। গত ৩ মার্চ ২০২৩ ইংরেজি দিহির আশ্বিনের ইন্টারন্যাশনাল সেন্টারে অনুষ্ঠিত হয় এক দিনের ন্যাশনাল লেভেল এক্সিবিশন। ট্যালেন্ট অ্যান্ড স্কোপ অব পারসন্স উইথ ইন্টেলেকচুয়াল অ্যান্ড ডেভেলপমেন্টাল ডিসাবিলিটি থিমের উপর ভিত্তি করে

অনুষ্ঠিত সাংস্কৃতিক প্রোগ্রামে ত্রিপুরার চারজনের একটি টিম পার্টিসিপেট করে। দিব্যাজনদের এই দলে ছিল রাজদীপ বাসুফোর, নীলাদ্রি দাস, অলক চক্রবর্তী এবং পূজা দাস। মনমুগ্ধকর তাদের এই নৃত্যানুষ্ঠান জাতীয় স্তরে বাহবা কুড়ায় বিশেষ অভিষিদের। রাজ্যস্তরে ন্যাশনাল ট্রাস্টের স্টেট নোডাল এজেন্সি সেন্টার হিসেবে ভলান্টারি হেলথ অ্যাসোসিয়েশন অব ত্রিপুরার উদ্যোগে এবং বিদ্যা ওয়েলফেয়ার সোসাইটির সহায়তায় দিব্যাজনদের এই দল জাতীয় স্তরে বাহবা কুড়িয়ে উজ্জ্বল করে রাজ্যের মুখ।

### Teachers Awareness generation activity (Samagra Siksha Aviyan)





# **INDUS TOWERS SCHOLARSHIPS FOR STUDENTS WITH DISABILITIES**

In partnership with Shishu Sarothi , Guwahati ,Voluntary Health Association of Tripura (VHAT) has been implementing Indus Towers Scholarship Program for students with disabilities from across Tripura , to encourage students with disabilities across NE India to pursue their dreams of higher education, and to stem the declining trend and sharp drop in students with disabilities in higher education and thereby facilitate their employment and inclusion in the mainstream.

The Indus Towers Scholarship Program ([www.ssscholarship.org](http://www.ssscholarship.org)), a CSR initiative of Indus Towers Ltd, implemented by Shishu Sarothi was launched in 2016 ,where VHAT was the local partner for Tripura State, to encourage and support students with disability, and since then 464 student scholars from across the North East, including Tripura, have been supported.

From Tripura, 39 students have already benefited from the scholarship support in pursuing their higher education, many of them securing jobs and leading a life of dignity and financial independence.

This year 14 student - scholars were selected from different parts of Tripura for receiving scholarship .



**Annual Indus Towers Scholarship Award Ceremony 2022-23 at DDRC, West Tripura District**



**Leaflet distribution under 'Badthe Kadam'**



**Inclusive activity on Azadi Ka Amrit Mahotsav**



**Wheel chair given to a child with muscular dystrophy**



# LIVELIHOOD & SKILL DEVELOPMENT



# JAN SHIKSHAN SANSTHAN DHALAI

This project was sponsored by the Ministry of Skill Development & Entrepreneurship, Govt. of India for Dhalai District of Tripura, which is one of the Aspirational Districts in India. VHAT is the parent organization of this project.

The objectives of JSS is to provide vocational skills in non-formal mode to non-literate, neo-literates, persons with rudimentary level of education up to 8<sup>th</sup> standard and school drop-outs up to 12<sup>th</sup> standard in the age group of 15-45 years. The priority groups are Women, SC, ST, Minorities and other backward sections of the society. JSSs are reaching to the unreached areas to cater the needs of the poorest of the poor. They work at the door step of the beneficiaries with a minimum infrastructure and resources.

In 2022-23, under this project 85% beneficiaries were women who were trained on various incomes generation activities with very much flexible time frame and the entire course developed as per NSDC guidelines. After completion of the course all the successful trainees got certificates from JSS under Ministry of Skill Development and Entrepreneurship Govt. of India.

The JSS Dhalai also celebrated the special days like International Mother Language Day, International Women's Day, and Independence Day as per the Ministry's guideline. Totally seven regular staff and 51 resource persons/trainers were working for implementation of the project on various trades. 487 male persons & 1313 female persons were trained during the year.

The Board of Management meeting of the project was held on 17<sup>th</sup> October 2022, Selection Committee meeting on 20/10/2022, Executive Committee meeting was organized on 19/10/2022, Programme Advisory Committee meeting were on 15/11/2022 (1<sup>st</sup> Meeting) and on 20/12/2022 (2<sup>nd</sup> Meeting), Purchase Committee meeting was held on 04/11/2022.

## Economic Status of trained beneficiaries-

Category	Male	Female	Transgender	Total
APL	90	412	0	502
BPL	396	902	0	1298
Total	486	1314	0	1800



Plantation Drive on 19-10-2022



Rashtriya Ekta Diwas on 31-10-2022



Capacity Building Training for Resource Persons



Skill Competition on Teachers' Day



Trainees of Beauty Care Assistant Training



# E-SHAKTI DIGITIZATION OF SHGS

VHAT has been working for the E-Shakti Digitisation project under National Bank for Agriculture and Rural Development (NABARD) in West Tripura and Gomati District. This project was phased out in last year in West Tripura district and continued only in Gomati district.

## The prime objectives of the projects:

- ✓ Integrating SHG members with the National Financial Inclusion agenda.
- ✓ Improving the quality of interface between SHG members and Banks for efficient and hassle free banking services.
- ✓ Facilitate convergence of delivery system with SHG using Aadhaar linked identity.

## Activities conducted:

- Spot data updating verification was done by the project management for 1001 Women Self Help Groups (WSHG's)
- Monthly data updating was carried out in each month.
- Project Implementation and Monitoring Committee (PIMC) meeting was held for both of the districts
- Data correction exercise was also carried out by the 33 Animators
- Regular monthly meetings of the Animators were done



**E- Shakti Digitization- Staff Training**

## Women's empowerment:

Women's empowerment has five components: women's sense of self-worth; their right to have and to determine choices; their right to have access to opportunities and resources; their right to have power to control their own lives, both within and outside the home; and their ability to influence the direction of social change to create a more just social and economic order, nationally and internationally.

In this context, education, training, awareness raising, building self-confidence, expansion of choices, increased access to and control over resources, and actions to transform the structures and institutions that reinforce and perpetuate gender discrimination and inequality are important tools for empowering women and girls to claim their rights.



# INTEGRATED TRIBAL DEVELOPMENT PROJECT

## UNDER TDF OF NABARD

Voluntary Health Association of Tripura (VHAT) has been implementing the Integrated Tribal Development project in Laljuri Block of North Tripura District. National Bank for Agriculture and Rural Development (NABARD) has approved the project and providing financial support for implementation.

Three ADC villages Chandipur, Kanchancherra, Joymani Para of Laljuri block were covered under this project targeting 300 Acre of WADI development.

The prime objective of the project is to improve the socio economic conditions of the participating tribal families besides addressing the ecological concerns of the selected areas by the end of the project period.

### Major Components under the projects were:

- Horticultural Orchard Development (WADI)
- Health Camps (General/ Special on Eye & RCH)
- Training (WADI Development/ Mushroom/ Backyard Poultry)
- Water source development( Small Ponds/ Water Tank with Lifting Facility)
- Awareness Programme( Anti Drug and Tobacco Control/ Digital Financial Literacy/ Legal Awareness)

### Progress up to March 2023:

- ✚ Legal Awareness Campaign, Gender Sensitization, Health and Nutrition (one event in every village) – 9 events
- ✚ Six awareness campaign on Digital Financial Literacy, Anti-Drug and Anti-Tobacco
- ✚ 180 Horticulture Orchard Development ( WADI)
- ✚ Health Camps: 12 General and 6 Special camps on Eye & RCH conducted in the project area
- ✚ 6 Skilled base Training on WADI development for the farmers
- ✚ 175 Farm water reservoir cum storages developed in the project area
- ✚ 5 Trainings on backyard poultry management with 150 participants
- ✚ Pressure cooker distribution to 50 beneficiaries as component of women development support



**A few beneficiaries of TDF project**



**Water reservoir in Joymanipara ADC village**



**One beneficiary with his mango tree planted under TDF project**



**Health camp in Chandipur ADC village**



# MICRO ENTERPRISE DEVELOPMENT PROJECT (MEDP )

To upgrade the skill of rural women on various livelihood activities VHAT implemented 'Micro Entrepreneurship Development Programme' with support from NABARD Tripura office. Apart from the skill development, this activity was also aimed to build the basic entrepreneurship knowledge among the members of the Women Self Help Groups. Voluntary Health Association of Tripura (VHAT) has been working for the promotion of WSHGs and building the skills of the member women on different job role. With support from NABARD, VHAT has conducted one MEDP training on Piggery for women of Chandipur ADC Village, Laljuri Block, Kanchanpur, North Tripura from 7<sup>th</sup> to 24<sup>th</sup> March 2023. Total 30 trainees were selected in consultation with block officials and training was conducted in the block premises. Resource Persons / Trainers were engaged in the training who took serious effort to conduct the training session.



Certificates provided to the trainees of MEDP training



# SPECIAL INITIATIVES

## ■ **CAC-VaxNow Project :**

CAC VaxNow project started on 10<sup>th</sup> Dec. 2021 funded by Swasti in coordination with VHA Tripura. This project was being implemented in 5 Districts-West Tripura, Khowai, Sepahijala, Gomati and South Tripura covering 22 blocks and Agartala Municipal Corporation area. Total 22 staff were working in the 5 Districts, viz. West Tripura, Khowai, Sepahijala, Gomati and South Tripura.

**Name of Blocks under these five districts:-** Jirania, Mandwi, Belbari, Old Agartala, Bamutia, Mohanpur, Hezamara, Khowai, Tulashikhar, Kalyanpur, Bishalgarh, Nalchar, Matabari, Amarpur, Karbook, Silachari, Satchand, Rupaichari, Jolaibari, Poangbari, Hrishyamukh, Bagafa.

**Approximate Target of Vaccine:-** 1,00,000 nos, **Coverage (till May 2023):-** 1,08,000 nos.

**VP Category/Community:-** Minority, Tribal, unorganized factory workers, Brick kiln workers, tea garden workers & migrant workers.

### **Major Challenges faced to implement the project:**

- Some people suffered by fever after taking vaccine.
- People thought that they would seriously attack by fever & it might hamper their earning.
- Pregnant women thought that vaccine would do effect to their baby.
- Lactating mothers were afraid for side effects to give milk to their babies.
- In some cases, it was shown in news channels about some critical challenges and death. It's gave negative impact to the people.
- Another main challenge was to book appointment for vaccine through COWIN portal.

### **Critical Areas/Locations of Low Vaccination Coverage:**

There were some areas of low Vaccination Coverage:

- Laxmilunga and Harendra Tea Garden area under Bamutia Block, West Tripura.
- Champabari, Belbari under Belbari Block, West Tripura.
- Dhupchara, Meghlipara under Old Agartala Block, West Tripura.
- Manaipathar, Baspukur under Kathalia Block, Sepahijala District.
- Birganj, Kasco ADC Village under Amarpur Block, Gomati District.
- Chaltachari, Fulchari, SindhukPathar under Satchand Block, South Tripura.

### **Activities has Covered up in VaxNow Project:**

- COVID Awareness (Use Mask, Use Sanitizer, Maintain Social Distance)
- Vaccination Readiness (Dose-1, Dose-2, Dose-3), (15-18)
- Vaccination Support by Register Maintaining
- COWIN portal Registration
- COVID Testing. And Support Health Department in other immunization & vaccination programme.

## ■ **34<sup>th</sup> Annual General Meeting of Voluntary Health Association of Tripura:**

The 34<sup>th</sup> Annual General Meeting of Voluntary Health Association of Tripura was organized at Sahid Bhagat Singh Youth Hostel Hall at Khejur Bagan, Agartala, on 11<sup>th</sup> September 2022. This meeting had two parts- a theme session and the business session. The theme was-“**Mental Health and its significance among the various segments of the Society**”.

**Theme session :** This was started at 11.00 am. **In the beginning one minute silence was observed in the memory of late Prof Dr .Dilip Kumar Ray, the Founder Member of VHAT.** Everybody offered Pusharghya in his image.

Theme session was graced by the following dignitaries/guests -

- Dr. Rajesh Chatterjee, Asst Professor, Tripura University
- ADV (Smt.) Asmita Banik, Vice-Chairperson, Tripura Commission for Women
- Mr. Loken Das, GM & Office In-Charge, NABARD Regional Office, Agartala
- Dr. G.C. Kavitha, renowned Psychologist, • Smt Sikha Saha Das, President of VHAT



●Dr. Sreelekha Ray, Executive Director, VHAT.

Theme session was inaugurated by the guests at 11.00 am. Then Dr. Sreelekha Ray, Executive Director, VHAT delivered welcome speech for the Members and Guests. After that all the dignitaries delivered their speeches which was followed by tea break.

Theme session was taken over by Dr. G.C. Kavitha, who was from Hyderabad. She is internationally acclaimed inspirational speaker, gatekeeper trainer for suicide prevention, a positive psychologist & psychotherapist. Dr Kavitha conducted the session on -“Mental Health and its significance among the various segments of the Society” with slide presentation which was extremely a learning experience for all the participants

In the Business session new Executive Committee was formed and selection of new members for Evaluation, Monitoring and Development Committee(EMDC) of VHAT was done along with other proceedings.



**34<sup>th</sup> Annual General Meeting of Voluntary Health Association of Tripura**

### ■ **Family Based Alternative Care(FBAC):** Supported by Miracle Foundation India.

This was an organized effort of VHAT for reintegration of children in their family or extended family . We were doing the social investigation of the children who were staying in the CCIs/Homes, by visiting their families and preparing the social investigation reports. If the possibility of reintegration was there , we placed the report to CWC. After further verification we did the integration with permission from the CWC. We are doing the follow up and helping the reintegrated children for their study and income generation of their guardians. In FY 2022-23, 41 children from Anwesha Children Home and Anwesha Open Shelters were reintegrated. For creating awareness regarding the reintegration, we organized 300 numbers of social work force trainings and advocacy meetings. Miracle foundation helped us to achieve our ultimate goal for a loving family for every child. MFI provided capacity-building trainings to our staff and children also.

Main motto of FBAC:-

♠**Family-Based Care** – To promote the reunion of children with their families or family care options for children without family.

♠ **Child Rights** – To activate and assess progress on the United Nations Rights of the Child.

♠ **Child Protection** –To create an environment where every child is protected from neglect and abuse with focuses on four areas: Awareness, Prevention, Responding and Reporting.

♠ **Mental Health Care** –To promote the well-being and development of children, ensuring that every child's emotional and psychological needs are addressed by an experienced professional.

♠ **Life Skills Education** – To prepare children to make informed choices in their lives. Topics included are: Child Rights, Self-Awareness, Expressing Emotions, Problem Solving & Decision Making, Stress Management, Nutrition, Hygiene and more.

♠**Children's Committees** –To encourage children to participate in decision making and to encourage the sense of belongingness.

### ■ **Assam Flood Relief with support from DASRA:**

Project Period: 01/11/2022 to 28/02/2023 . Project area: four villages ,viz.Monipur, Kukhicherra, Jugicherra & Aloicherra under Katlicherra Block of Hailakandi District, Assam. This villages were mostly affected by the flood & local people were suffered a lot especially the people involved in farming or agricultural work. The post flood farming preparation was also got affected due to financial crunch. Purpose of the project-

♠To help flood affected farmers to restore their livelihood & to promote community based organizations at grassroots level for sustainable development

♠To provide livelihood promotion and social inclusion services to the poor and low income clients in rural and remote areas with innovative solutions.

♠To provide capacity building to various stakeholders and undertake evidence based research on various development themes.

#### Activities:

- Developing and printing of reading materials.
- Arrange and distribution of Hygiene and Health kits
- Orientation cum capacity building of farmers on Nutrition Garden Management
- Monthly Review Meeting.
- IEC Materials support.
- Field Monitoring and expertises support.
- Convergence for supportive action with local administration

#### Prime intervention:

1. Orientation cum training programme on Management of Nutrition Garden -100 farmers
2. Monthly Meeting-12 nos
3. Distribution of Hygiene & Health Kits –to 1000 families
4. Developing Nutrition Garden-100 gardens



**Distribution of Hygiene & Health Kits**



**Monitoring visit by the support agency**

### ☐ **C20 CHAUPAL - TOT ON FINANCIAL EDUCATION FOR WOMEN:**

This was organized in VHAT training hall on 22-02-2023 from 10.00am to 2.00 pm followed by lunch. The guests were Mr. Manoj Kulkarni (Manager, RBI), Mr. Alok Chandra Panigrahi (Asst. Manager, RBI), Mr. Pankaj Raj Das (Asst. Manager, RBI), Mr. Bapi roy Choudhury (Asst. Manager, SIDBI). Main speakers were- Dr. Sreelekha Ray, Executive Director, VHAT, Mr. Manoj Kulkarni, Manager, RBI, Mr. Bapi Roy Choudhury, Asst. Manager, SIDBI. **Participants** were Women SHG leaders & VHAT staff.

**Dr Sreelekha Ray** (Executive Director of VHAT) welcomed all the dignitaries and the participants. In her speech she highlighted on the different works done by VHAT in different sector like health, environment, livelihood etc.

- ❖ She mentioned that VHAT started working for financial empowerment of women from the mid of 2000 partnering with NABARD. She also mentioned that till now 500 SHGs have been formed all over the state.
- ❖ She mentioned that SHG is the gateway to community, and VHAT worked for developing financial interest, bank account managing of the women and also work for health. She shared that from the NFHS- 5 data It can be seen that besides different other parameters, in Tripura anemia among girls is very prevalent.
- ❖ She further added that VHAT is working for empowerment of women from adult or adult adolescent for developing financial empowerment, decision making power.
- ❖ She said women can only share her opinion in her house or community when she is financially empowered. And financial empowerment can only come if the income can be used for development or some genuine purpose like her children or education etc. she further concluded by saying VHAT has been working since last 36 years in this sector and will continue to do so.

**Mr. Manoj Kulkarni** (Manager, RBI) greeted all the participants. He held an interactive session with all the participants.



- In his session he shared some interesting information about RBI. He mentioned the role of RBI is currency printing and circulation among the public. He also shared that the 10 rupee coin introduced by RBI in the market is genuine.
- He further gave an idea on financial inclusion. He said financial inclusion means sharing information about the bank till last mile population and helping them to open a bank account.
- He highlighted on the importance of bank account. He said having bank account will help the beneficiary to receive any scheme amount directly in their bank.
- He also discussed on financial literacy. He gave an idea on “*Mudra Loan*” and said that no bank can charge interest more than 12%.
- He shared about two types of insurance for general public i.e. *Suraksha Bima Yojana* and *Pradhan mantri Jeevan Jyoti Bima Yojana*.
- He urged everyone to be aware of bank frauds and shared few examples of different types of bank frauds. He also shared what necessary steps to be taken if someone becomes a victim of any kind of bank fraud. In the end he concluded by thanking VHAT for organizing the training programme.

**Mr. Bapi Roy Choudhury** Asst. Manager, SIDBI gave a fair idea about SIDBI and how it functions. He also shared about MSME and how it is beneficial for the general public. He further shared details on different types of loans available from bank and the process of availing the loan.

A quiz session was organized by the RBI officials with the participants where prize was distributed to the winners.

#### **Programme resolution-**

1. Knowledge regarding financial education is low among women compared to men.
2. Financially educated women can run their houses more efficiently.
3. By becoming financially empowered a woman can take care of children, their education and other expenses.
4. More awareness programs on financial education should be conducted by government agencies, NGOs, CSOs specially in rural areas.



**Training of the Trainers on Financial Education for Women**

**Components of women’s empowerment:** women’s sense of self-worth; their right to have and to determine choices; their right to have access to opportunities and resources; their right to have power to control their own lives, both within and outside the home; and their ability to influence the direction of social change to create a more just social and economic order, nationally and internationally.

**In this context**, education, training, awareness raising, building self-confidence, expansion of choices, increased access to and control over resources, and actions to transform the structures and institutions that reinforce and perpetuate gender discrimination and inequality are important tools for empowering women and girls to claim their rights.



# LIST OF TRAININGS/MEETINGS ATTENDED BY VHAT PERSONNEL

Sl No	Date	Name of Training/Meeting	Name of the person attended	Organized By	Project in which the person engaged
1	4th March, 2022	North East Regional Review Meeting	Sujit Ghosh, Joydeep Bhusan, Phani Debnath, Chhotan Majumder	John Snow, Inc	Momentum Routine Immunization Transformation and Equity(M-RITE) project.
2	April 7-8, 2022	Workshop Cum Sensitization Programme for implementation of Juvenile Justice (Care & Protection of Children) Act 2015)	Alivia Naha, Keya Bhowmik	SWSE Department, Tripura in Collaboration with Law Dept. & TSLSA	Manorama Shishu Niketan
3	April 5, 2022	Review Performance Meeting	Mridul Paul & Pijush Kumar Deb	APF Guwahati	Azim Premji Foundation
4	May17, 2022	Project Review and Modification Meeting	Sujit Ghosh, Joydeep Bhusan, Phani Debnath	John Snow, Inc (JSI)	M-RITE project
5	June 27-28,2022	Addressing Nutrition & Health Issues for Adolescents in CCI	Alivia Naha	NIPCCD Guwahati	Manorama Shishu Niketan
6	8 <sup>th</sup> August 2022	International Workshop on Health on AMR	Joydeep Bhusan	Manipal Institute of Higher Education	Prevent IT
7	23 <sup>rd</sup> August 2022	Workshop on Section 12(1) ( C ) of the RET Act. 2009	Kajal Das	Directorate of Elementary Education	Ratanmani Vidyalaya
8	26August 2022	International Seminar on Antibiotic Resistance	Sujit Ghosh	KIIT, Bhubenswar	Prevent IT
9	30 August 2022	Workshop on National Education Policy	Giridhari Debnath	District Education Dept, South Tripura	Ratanmani Vidyalaya
10	9 <sup>th</sup> May 2022	Bio Monthly Review Meeting	Dipjyoti Sutradhar & Pijush Kumar Deb	VHA of Assam	RCCE for COVID-19 and RI
11	Sept 8-9,2022	Workshop on Disability Inclusion in COVID 19 Vaccination	Sujit Ghosh , Joydeep Bhusan	John Snow, Inc (JSI)	MRITE
12	Sept 11-12,2022	Two Days Teacher's Training Workshop	Dipjyoti Sutradhar & Jyotirmoy Majumder	Indian Development Foundation	IDF Tripura Bal Gurukul
13	October19-21, 2022	Training on Promoting Life Skills Development for Adolescents in CCIs	Keya Bhowmik	NIPCCD	Manorama Shishu Niketan
14	11Dec, 2022	Review Meeting for Tribal Development Fund project for NER, Hilly & Difficult Areas	Priyatosh Pal	NABARD	Tribal Development Fund project
15	9 <sup>th</sup> Nov, 2022	Mental Health & Child Counselling Technique	Alivia Naha, Keya Bhowmik	VHAT	Manorama Shishu Niketan
16	6-7 Dec,2022	International Conference "One World One Health" at Chitkara University, Chandigarh	Dr.Sreelekha Ray, Sujit Ghosh, Joydeep Bhusan, Tanushree Dey	Chitkara University, Punjab	Prevent IT
17	9 <sup>th</sup> Dec, 2022	Leader Development Workshop	Priyatosh Pal, Nireesh Chandra Nath	CAC ( Community Action Collab)	SHILP
18	20 <sup>th</sup> Dec, 2022	Capacity Building of PRI & SHG on Health	Pinakshi Banik & Ranabir Das	NHSRC	Livelihood

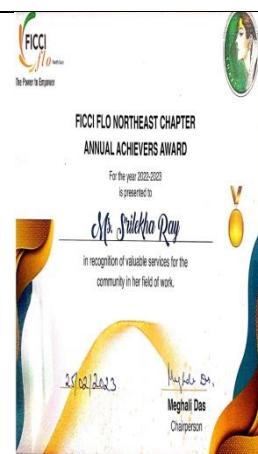
19	21 <sup>st</sup> Dec, 2022	Graduation Ceremony of Niranthara Shikshak Programme	Phani Debnth	NE RCRC & Dhvani Foundation	RCRC
19	21 <sup>st</sup> Dec, 2022	Graduation Ceremony of Niranthara Shikshak Programme	Phani Debnth	NE RCRC & Dhvani Foundation	RCRC
20	25 <sup>th</sup> January 2023	Sensitization Meet with NGO Members	Sujit Ghosh, Priyotosh Paul, Pinakshi Banik	NABARD RO	Livelihood
21	31 January 2023	National Conclave	Sujit Ghosh	JSI	M-RITE
22	17 Feb, 2023	North East conclave on Climate Change	Mridul Paul	Sesta Development	Livelihood
23	March 3, 2023	North East Consultation on the Status of the Right of Persons with Disabilities Act. 2016	Jyotirmoy Majumder	Shishu Sarothi	National Trust
24	March 9-11, 2023	CRP EP Trainer Orientation cum Certificate Programme	Sujit Ghosh	ArSRLM	Livelihood
25	March 17, 2023	Building Resilience Call for Collaborative Action	Sujit Ghosh	Community Action Collab	CAC
26	March 20-23, 2023	Civil 20 Inception Meeting	Sujit Ghosh	CIVIL20 India secretariat	VHAT -Admin
27	March 21, 2023	Leadership Council with partners leaders	Joydeep Bhusan, Sumita Dey	Miracle Foundation of India	ACPC
28	March 27-30, 2023	TOT	Priyatosh Pal, Mridul Paul, Sajal Deb	National Institute of Rudseti	Livelihood
29	March 28-29, 2023	Consultation on Quality Childcare for all	Alivia Naha & Mithun Datta	Self Employed Women's Association (SEWA) and North East Network, Meghalaya (NEN)	Unmesh & Manorama Shishu Niketan
30	March 29, 2023	One Day State Level Program on "Adoption Regulations 2022, Carings Portal, Amendment of JJ Act 2021 & Amendment of Juvenile Justice Model Rules 2022"	Jyotirmoy Majumder, Jayanti Deb, Anwesha Ray, Dipjyoti Sutradhar, Keya Bhowmik & Dipu Das Majumder	Director of Social Welfare & Social Education, Govt. of Tripura	CCIs(Unmesh, Anwesha & Manorama Children Homes)



**Felicitation by Aarshi katha online Bangla News Portal for lifelong social contribution on 24<sup>th</sup> April 2022 at Agartala Tripura**



**FLO Women Achievers Award 2022-23 to VHAT Executive Director by FICCI Ladies Organization North East Chapter on 25<sup>th</sup> February, 2023 in Guwahati**





# ABRIDGED FINANCIAL STATEMENTS OF 2022-23

The following tables were filled in based on duly audited accounts of VHAT for the financial year  
ending on 31st March 2023

## *1. BALANCE SHEET*

All figures are Rs. In Lacs

<b>Assets as on</b>	<b>03/31/2022</b>	<b>03/31/2023</b>
Fixed Assets	188.4542811	221.6843755
Investments	185.2967115	188.2718515
Loans & Advances	20.513339	0.00
Cash and Bank balances	88.0096369	190.0412251
Other Current Assets,	0	1.641939
Excess of expenditure over income (if any)	27.3835475	0.00
<b>Total Assets</b>	<b>509.657516</b>	<b>601.6393911</b>
All figures are Rs. In Lacs		
<b>Liabilities as on</b>	<b>03/31/2022</b>	<b>03/31/2023</b>
Trust/Society/Share-holder funds	0	0.00
General Fund (unrestricted fund)	211.8032341	272.2738841
Corpus and endowment fund (s)	0.0275	0.0275
Restricted/Earmarked funds	240.50613	273.82563
Grant balances	37.6907619	21.1307987
Loans and borrowings	0	0.00
Current Liabilities and provisions	19.62989	6.91598
Excess of income over expenditure (if any)	0	27.4655983
<b>Total Liabilities</b>	<b>509.657516</b>	<b>601.6393911</b>

## *2.INCOME & EXPENDITURE STATEMENT*

All figures are Rs. In Lacs

<b>Income for the year ended on</b>	<b>03/31/2022</b>	<b>03/31/2023</b>
Self generated income	15.31742	19.94769
Donations from Indian sources	23.2228198	26.366035
Grants from Indian sources	176.899213	256.260485
Donations from International sources	0	0.00
Grants from International sources	229.34905	303.7596814
Other Income	23.3326196	31.4237916
Excess of expenditure over income (if any)	27.3835475	0.00
<b>Total Income</b>	<b>495.5046699</b>	<b>637.757683</b>
All figures are Rs. In Lacs		
<b>Expenditure for the year ended on</b>	<b>03/31/2022</b>	<b>03/31/2023</b>
Programme	363.1157064	502.30284
Public education and fundraising	10.741556	7.24421
Management and administration	23.1381332	32.0881216
Payments to Beneficiaries	86.81052	25.46135
Other expenses	11.6987543	43.1955631
<b>Total Expenditure</b>	<b>495.5046699</b>	<b>610.2920847</b>
<b>Surplus</b>	<b>0</b>	<b>27.4655983</b>
	<b>495.5046699</b>	<b>637.757683</b>

### 3. RECEIPTS & PAYMENTS ACCOUNT

All figures are Rs. In Lacs

Receipts for the year ended on	03/31/2022	03/31/2023
Opening Cash and Bank Balance	101.4192531	88.0918969
Self generated income	7.81742	11.74707
Donations from Indian sources	23.2228198	26.366035
Grants from Indian sources	208.58459	315.20044
Donations from International sources	0	0
Grants from International sources	229.34905	299.6859932
Sale of investment /assets	0	10.43511
Loans	0	0
Other receipts	44.4440896	73.1172216
<b>Total Receipts</b>	<b>614.8372225</b>	<b>824.6437667</b>

All figures are Rs. In Lacs

Payment for the year ended on	03/31/2022	03/31/2023
Capital items / assets purchased for the organization	1.676	0.5387
Capital items / assets purchased for the beneficiaries	19.6665	17.7808
Purchase of investment	0	6
Grants / Donations to other Organizations	0	0
Loans and advances	0.25	0
Other payments	505.2350856	610.2830416
Total Payments	526.8275856	634.6025416
Closing Cash and Bank Balance	88.0096369	190.0412251
<b>Total payments</b>	<b>614.8372225</b>	<b>824.6437667</b>

4. Major Projects/ Donors of the year (2022-2023)	Expenditure(Rs.)
1)CCIs, Dept. of SW & SE,GoT	16,212,806/-
2) BI The Union Tobacco Control Project (FCRA)	2,943,534/-
3) GIVE India Foundation	1,013,376/-
4) The Miracle Foundation (FCRA)	2,981,476/-
5) E-Shakti (Weat & Gomati) NABARD	2,422,812/-
6) Tribal Development Fund NABARD	709,215/-
7)CHILDLINE INDIA FOUNDATION, MoWCD	3,791,332/-
8) COVID Vaccination Support Project, APF	4,344,846/-
9) Tribal Welfare Department, GoT	2,306,000/-
10) UNICEF Immunization Project, VHAI	507,723/-
11) PREVENT it (Erasmus)	394,716/-
12) Momentum Routine Immunization Transformation & Equity, JSI	23,024,292/-
13) Supportive Actions to Combat COVID.DASRA (FCRA)	1,054,950/-
14) National Trust , (SNAC Tripura)	192,481/-
15) SAKHI Call Centre, Sepahijala Administration	117,500/-
16) Indian Social Responsibility Network	114,000/-
<b>Total (Rs)</b>	<b>62,131,059/-</b>



**Transparency & Accountability Disclosures for the Financial year 2022-23**  
**Details of Board Members as on 31-03-2023**

Name	Position on Board	Number of meeting attended	Remuneration and reimbursements in Rs.	Remarks
1.Ms. Shikha Saha	President	4	Zero	
2.Mr. Mokbul Ali	Vice President	4	Zero	
3.Ms.Banarani Choudhury	Secretary	4	Zero	
4.Mr. Benudhar Acharya	Assistant Secretary	4	Zero	
5.Mr. Hari Bhusan Das	Treasurer	4	Zero	
6.Mr. Partha Sakha Debnath	Member	4	Zero	
7.Mr. Uttam Kumar Das	Member	3	Zero	
8.Md.Meghnad Debnath	Member	4	Zero	
9.Ms. Asit Chakraborty	Member	4	Zero	
10. Mr. Biswajit Bhowmik	Member	4	Zero	
11.Dr. Sreelekha Ray	Ex Officio (Executive Director)	4	3,72,000	

**Distribution of Staff according to Salary as on 31-03-2023**

Slab of gross salary plus benefits (Rs. Per month)	Male staff	Female staff	Total staff
Staff ( per month )			
Less than 5000	0	04	04
5000-10000	14	24	38
10000-25000	32	23	55
25000-50000	6	03	9
50000-100000	1	0	1
Greater than 100000	0	0	0
<b>Total</b>	<b>53</b>	<b>54</b>	<b>107</b>

# INTERNAL MONITORING, EVALUATION AND DEVELOPMENT REPORT 2022 – 2023

The **Evaluation , Monitoring and Development Committee (EMDC)** of VHAT was reformed during last Annual General Meeting . **Mr Partha Sakha Debnath** was selected as the Chairman of EMDC. This committee internally evaluated the project wise activities of VHAT & provided suggestions for improvement.

## **Main purposes were -**

- ♠ Strengthening the accountability to the support agencies and the beneficiaries.
- ♠ Allocation of expenditure as per activities.
- ♠ Improvement of performances by strictly adhering to the timeline
- ♠ Find out the gaps in implementation and correcting these.
- ♠ Measuring impact of the performances with key evidences.

## **Methodology followed :**

1. Review of the project activities in the field for each project.
2. Interactions with the staff of the Projects
3. Interaction with the community / project beneficiaries.
4. Centrally combined meeting of all projects

## **Observations :**

- ♠ VHAT tried to maintain the guideline for operation of the projects. As every project sanctioned by different funding agencies and respective funding agency has got its own plan of action, monitoring and reporting system to achieve targeted goals and achievements within set time, so the documentation of activities was as per requirement of respective funding agency.
- ♠ For all the projects, monthly meetings of the staff were organized in presence of Executive Director for understanding the mode of operation and achievement.
- ♠ The management of the organization give much importance on practicing ‘transparency and accountability’ which influenced all staff members for better contribution as much as they can.
- ♠ VHAT intensively worked in collaboration with local government, for tobacco control, care of children in need , routine immunization and all other activities.
- ♠ After the demise of Prof.Dr.D.K.Ray , Loka Swasthya Sambad could not be published . But VHAT have plan to start the publication from the next year.
- ♠ The organization has given much importance to enhance the capacity of the staff for better performance through trainings in regional and national level.
- ♠ The projects undertaken by the organization were as per requirement of the community and the beneficiaries of focused groups were found very much confident to continue the activities by themselves in future.
- ♠ Capacity building of persons for income generation by community service through courses of NIOS under Ministry of Human Resource Development running by VHAT as AVI-700001, could reach to the people of the state, but after the COVID pandemic number of students became less .

## **Gaps and Challenges :**

- ☐ Some less capacitated grass root staff require more trainings and monitoring.
- ☐ The organization has insufficient supports against staff salary in the approved budget of some of the present projects. So it is difficult to manage the salary of some of the core staff.

## **Recommendations:**

- ♠ The monthly and quarterly meetings are to be intensified of each project for better understanding of the progress , feeling up the gaps & to have quality outcomes.
- ♠ Some of the core staff should be equipped for using more and more modern information technology for better monitoring and documentation of activities keeping pace with the current time.
- ♠ Management of infrastructure and immovable properties to generate regular and enhancing income to ensure good future of the organization.
- ♠ More emphasis should be given for developing the competent second line leadership for the organization at least for sustained projects.



# ACKNOWLEDGEMENT

- ☐ Voluntary Health Association of India (VHAI), New Delhi.
- ☐ Ministry of Women and Child Development, Govt. of India.
- ☐ Ministry of Skill Development and Entrepreneurship. Govt. of India
- ☐ Ministry of Tribal Affairs
- ☐ Directorate of Social Welfare and Social Education, Govt. of Tripura.
- ☐ Miracle Foundation.
- ☐ National Bank for Agriculture and Rural Development (NABARD), Govt. of India.
- ☐ CHILDLINE India Foundation, Mumbai.
- ☐ Bloomberg Initiative and the Union, New Delhi
- ☐ Rapid Rural Community Response to COVID 19 (RCRC)
- ☐ D A S R A
- ☐ Community Action Collab(CAC)
- ☐ JSI Research and Training Institute, Inc(JSI)
- ☐ Chitkara University,Chandigarh, Punjab.
- ☐ Give India Foundation, Mumbai.
- ☐ Shishu Sarothi, Guwahati
- ☐ Vitamin Angel, Mumbai , Maharashtra
- ☐ Indian Social Responsibility Network (ISRN), New Delhi
- ☐ National Institute of Open Schooling (NIOS), Ministry of Human Resource Development, Govt of India.
- ☐ The National Trust, Ministry of Social Justice & Empowerment, Gov of India
- ☐ Department of Health and Family Welfare, Govt. of Tripura.
- ☐ Department of Tribal Welfare, Govt. of Tripura.
- ☐ Department of School Education, Govt. of Tripura.
- ☐ District Administration - West, Sepahijala, Khowai, South , Gomati , Dhalai, Unokoti & North Districts of Tripura.
- ☐ All local Individual Donors.
- ☐ VHAT Board Members.
- ☐ VHAT General & Associate Members.
- ☐ VHAT Staffs and Volunteers.