



Hon'ble Minister of Social Welfare in the State Level Workshop on Prevention of Sexual Offenses against Children



Eye Screening camp supported by ONGC Health Camp in Dhalai Dist supported by SIDBI

# Annual Report 2018 -2019





### **Voluntary Health Association of Tripura**

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### CONTENTS

■ Preface	3
About the Organization	4
Executive Committee	6
• Members of VHAT	7
■ VHAT Activities	
Networking & Advocacy	11
CHILDLINE Agartala	13
CHILDLINE Sepahijala	16
Anwesha Child Protection Centre-Open Shelter for Girls & Boys	17
Anwesha Children's Home for Girls	18
Unmesh Children Home for Boys	21
Ratanmani Vidyalay	22
VHAT Eye Hospital	25
SIDBI supported initiatives	26
RAISE Project	28
Women Self Help Groups Project	31
E-Shakti Digitization Project	32
Tribal Development Fund Project	33
VHAT Vocational Education Centre under NIOS	35
Activities as per National Trust Norms	36
Loka Swasthya Sambad	39
GiveIndia Support	40
Special Programmes	41
• Information, Documentation, Publication and Dissemination	45
■ Trainings and Meetings attended by VHAT Staff and Members	47
■ Abridged Financial Statements of FY 2018-2019	49
■ Internal Monitoring, Evaluation and Development Report of FY 2018-2019	52
Acknowledgement	54

#### — PREFACE

For a civil society organization a journey of thirty one years continuously with a steady growth is a matter of significance in this hilly state of north eastern India. In the year 1988, a few passionate individuals in Agartala came together with a simple idea to do some activities to promote the Health, & Environment status of the state through policy level advocacy and conceptual level intervention by capacity building. The beginning was just started without much plan with the School Health Programme. But step by step, Voluntary Health Association of Tripura achieved maturity and expanded its canopy of untiring activities in multiple sectors of the society. Expansion happened from the issue of health & environment to education, child rights, women empowerment, care & protection of children in need, livelihood promotion, access to safe drinking water, empowerment of persons with disabilities and vocational education.

In 2018-2019, the TDF project expanded to three villages of North Tripura district & Gomati district was included in E-Shakti Digitization of WSHG project. Another new project 'CHILDLINE Sepahijala' started in March 2019 to cover the Sepahijala district. SIDBI supported initiatives were also started in this year.

For strengthening knowledge and skill of the staff, VHAT created the opportunity for attending many trainings/meetings for them throughout the year within and outside the state.

The activities, achievements narrated in this annual report were derived from the united efforts of the empowered staff of the organization and guidance by the Members.

We are extremely grateful to the Donors, State & Central Government, non-government Agencies and Individuals across the globe for the contributions to our endeavors to serve the people of Tripura. We express our special thanks to Voluntary Health Association of India, New Delhi, for continuous guidance in our activities. We are thankful to all the Member Organizations, Individual Members and Executive Committee Members for their sincere efforts and supports. We are grateful to local Media for providing the coverage of some of our activities. We do hope that in future also, with the continued support from all of our friends and well wishers VHAT will be able to contribute to the sustainable development of the people of Tripura. This report summarizes our main achievements in the year 2018-2019. We look forward to continuing our efforts for many more years to come.

Ms. Sikha Saha
President
Voluntary Health Association of Tripura

**Dr.Sreelekha Ray**Executive Director
Voluntary Health Association of Tripura

#### About the Organization

#### **VISION:**

Creating excellence in Health and Socio Economic Development for the People of Tripura

#### MISSION:

#### Our Mission is to:

Build capacity of Civil Society Organizations through trainings and IEC.

**Promote** social justice, equity and rights in the context of accessibility of health services with emphasis on under privileged sections.

**Promote** sustainable development, gender equity, inclusion and rehabilitation of PWDs, elementary education and right to education, implementation of child rights, elimination of all form of violence against children and women.

#### **■** STRATEGIES:

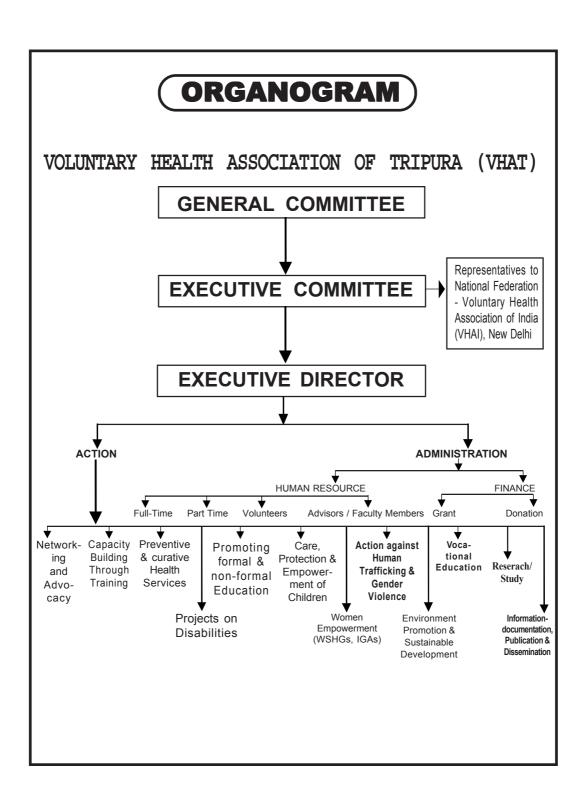
- Empowerment of the human resource through trainings on health and other sectors
- Working with other organizations, both governmental and non-governmental.
- Collection, documentation and dissemination of information.
- Peer education.
- Collection of opinion from people and grass-root organizations for advocacy.
- Working for promotion of community participation in development process.
- Conducting Vocational Training for employment and socio-economic empowerment through capacity building.
- Working directly and indirectly as service provider.

#### OBJECTIVES:

- Promotion of preventive & curative health service for the poor.
- Promotion of health, environment, gender issue, rights of children, women & PWDs, through IEC and technical support.
- Socio-economic empowerment of the women of the weaker sections and the youths through vocational trainings.
- Promotion of Elementary Education of underprivileged children
- Prevention of Child trafficking and violence against children & Women.
- Networking with government bodies, policy makers, Corporate Bodies & NGOs for improvement of health, environment & socio-economic status.
- Rehabilitation of persons with disability through integrated approaches.
- To undertake any other activities related to health promotion.

#### Legal Status of VHAT:

- a) Registered under Society Registration Act 1860
- b) Registered under 12A of Income Tax Act
- c) Registered under 80G of Income Tax Act
- d) Registered under Niti Aayog
- e) Under Persons with Disability Act, 1995(sub-section-2 of section 52)
- f) Registered under section 12 (4) of the National Trust Act.



### **Executive Committee**

### Executive Committee Members of Voluntary Health Association of Tripura for 2018-2019

(as elected in 29th Annual General Meeting on August 27, 2017)

Sl.No	Name	Address	Gender	Occupation with Qualification	Position in VHAT Executive Body	
1	Ms. Shikha Saha	ILS Nursing Institute, Capital Complex, Agartala, West Tripura Cell-8974050319/9774015003	F	Principal, ILS Nursing Institute, Agartala	President	
2	Mr. Partha sakha Debnath	P.O-Dhaleshwar, Road No.1 Agartala, Cell- 8794446069/9436581983	M	Pharmacist, Govt. of Tripura	Vice President	
3	Ms. Banarani Choudhury	,		Govt. MPW,Diploma in ANM, National Florence Nightingale Awardees	Secretary	
4	Mr. Sishuram Mahajan			B.SC in Life Science, Livelihood Coordinator, Tripura JICA Project	Assistant Secretary	
5	Mr. Hari Bhusan Das	r. Hari S/o- Late Ramesh Ch. Das		BA, Bed, EX- Deputy IS,Govt of Tripura	Treasurer	
6	Dr. Dilip Kumar Ray	S/o- Late Umesh Chandra Ray Asahram Chowmohani, Agartala, West Tripura, Cell-9436583220	M	Ex. Professor of Medical Colleges (Ph.D in Physiology)	Member	
7	Mr. Benudhar Acharjee	S/O: Late Bhupesh Acharya, Khowai, Pin-799202, Khowai District, Tripura Cell No: 9436540591, Email: benu.acharya@sbi.co.in		M.Com, Govt. Service in SBI.	Member	
8	Md. Mokbul S/o-Late Hazi Mahamud Ali Ali Babur Bazar, Kailashahar, Unakoty District, Tripura Cell No: 9436469090		M	Pharmacist(Govt) (BA and Bachelor in Pharmacy)	Member	
9	Mr. Anjan Bardhan  S/0-Mr. Anil Bardhan P.O-Dewanpasha, Dharmanagar, North District, Tripura Cell No: 9436132607		M	BA. Working in Sports & Youth Affairs Dept. Govt of Tripura	Member	
10	Mr. Jahar Debnath	$\mathcal{E}$		M.A.,B.Ed.Govt. Service.	Member	
11	Dr. Sreelekha Ray	Asahram Chowmohani, PO:Agartala College, Tripura-799004. Cell-9436129317	F	Executive Director, (B.Sc & Diploma in Medicine and Surgery)	Executive Director	

#### Members of Voluntary Health Association of Tripura

#### A. General Member (Organisational)

- Bodhan Social Welfare Organisation Cinema Hall Road
   P.O.- Khowai, Pin-799 202, Khowai District, Ph.9436540591
   Email: benu.acharya@sbi.co.in
- Vivekananda Library
   Vill: Hapania, Near Hapania Bazar
   P.O O.N.G.C., Pin: 799014
   West Tripura District
   Ph.9863052602, 9862778306
   Email: sumanacharjee03@gmail.com.
- Bidyasagar Samaj Kalyan Samsad Vill: Paschim Noagaon,
   P.O-Purba Noagaon, Pin: 799035,
   West Tripura District, Ph. 9436487268
- Blind and Handicapped Association Jail Road, Mantala,
   P.O.Dharmanagar-799250,
   North Tripura District,
   Ph.9436476503
- 5. Organisation for Rural Survival P.O.- Belonia, Pin:79155 Ek No Tilla South Tripura Pin: 799155, Ph. 9436540851
- 6. St. Vincent's Welfare Society Old Khathalcherra, P.O: Nepal Tilla, Dhalai Tripura, Pin: 799289 Ph.9612064316/9436903229
- 7. Ramnagar Mahila Samity
  Vill- Ramnagar, P.O Janata College,
  Pin: 799250, Dharmanagar,
  North Tripura District,
  Ph: 9863270446
  Email:ndebnathramnagar@gmail.com
- 8. Pratyaya Samajik Sanstha Vill-Uttar Jogendra Nagar P.O. Jogendra Nagar, Pin: 799004

- Agartala, Tripura (W), Ph. 9436452068/8974677809 Email: pratyaya1998@gmail.com
- 9. Pushparaj Club P.O. Baburbazar9, Pin: 799277 Kailashahar, Unakoti District Ph.9436469090/9436916894 Email:childlinekailasahar@gmail.com
- 10. Adarsha Sangha
  P.O: Dewanpasha,
  Pin:799250, Dharmanagar
  North Tripura, Ph.9436132607
  Email: anjanbardhan73@gmail.com
- 11. Pratibandhi Kalyan Samity
  P.O: Udaipur, Chhanbon,
  Pin: 799120, Gomati District, Tripura,
  Ph.9862188952
  Email: sayan.ncor@gmail.com
- 12. Netaji Welfare Centre Vill & P.O- Krishnanagar, Belonia, South Tripura, Pin: 799156 Ph: 9612091381 Email: sisurammahajan@gmail.com
- 13. Prabhaha Dhalai P.O - Kulai, Pin-799204, Ambassa, Dhalai Dist, Tripura Ph: 9430536874 Email: prabahadhalai@gmail.com
- 14. Subrai Sahitya- O-Sanskritic Bodal Vill- Santirbazar, P.O - Avanga, Pin: 799289, Kamalpur, Dhalai District, Tripura
- 15. Subhash Sangha Vill- Amtali, P.O - Amtali, Pin: 799130, Agartala Sadar West Tripura District, Ph. 9862266671 Email: swapandey 2020@rediffinail.com

- 16. Rwng Songsama Welfare Society PO: Mandai, Vill: Gachia Para PS: Jirania, West Tripura Ph -9436931007 Email: rwngwelfare@gmail.com
- 17. Prachesta Social Welfare Society Vill: Howaibari, PO: Howaibari, Pin: 799205, Teliamura, District: Khowai, Ph.: 9615931268 / 9436184214 Email: psws.tlm@gmail.com/tapan.psws@gmail.com/
- 18. Joyashree Vivekananda Society Vill + Po : Joyashree, Kanchanpur, North Tripura, Pin-799270 Mob - 9436366415/9436198715

- 19. Society for Alternative Thinking and Action Vill- Ranir Goan, P.O Majlishpur, Pin: 799035, Agartala, West Tripura. Ph-9862445005 Email:sata.tri@rediffmail.com
- 20. Suchetana Society PO: Jolaibari, Pin:799141 South Tripura District Ph. 9862164344/8257957276
- 21. Dinkaal Welfare Society Kalibari Road, PO: Kalyanpur Pin:799203, Khowai District PH.9615807158 / 9436497520
- 22. Chetana- A Social Organization Vill + Po- Kulai, Pin: 799204 Ambassa, Dhalai District, Mob No - 9436188185

#### **B.** General Member (Individual)

- 23. Mr. Binoy Paul P.O - Belonia, South Tripura Pin: 799155, Ph. 9436540851
- 24. Dr. Dilip Kumar Ray Ashram Chowmuhani, P.O. Agartala College, Tripura-799004, Ph. 9436583220
- Dr. Jogesh Chandra Das Maszid Road, Shibnagar,
   P.O: Agartala, College, Pin: 799004 Tripura-799004, Ph.9436459779
- 26. Dr. Sreelekha Ray Ashram Chowmuhani, P.O: Agartala College, Tripura-799004, Ph. 9436129317
- 27. Md. Mokbul Ali PO: Baburbazar, PO: 799277 Kailasahar, Unakoti District, Tripura Ph: 9436469090/9436916894
- 28. Mr. Sunil Debnath (A/T) S/o- Lt. Kshetramohan Debnath, Word No-8, Sabroom Naga Panchayat P.O - Sabroom, Tripura (S), Pin-799145, Ph. 9436903182

- Mrs. Banarani Choudhury
   P.O & Vill-Bimangarh, Agartala,
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   P.O. & Vill Singhichara,
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   Pin: 799202, Ph. 9436513888
- 31. Mr. Partha Sakha Debnath PO: Dhaleswar, Road No.1, Pin: 799007, Agartala, West Tripura Ph. 8794446069
- Mrs. Shikha Saha
   Principal, ILS Nursing Institute
   Capital Complex Extension.
   Agartala, P.O. Kunjaban-799006
- Ph: 94366184214 33. Mr. Tapan Nandi
  - Vill: Arya Colony (Beltilla),
    P.O: Belonia, Pin: 799155
    South Tripura District, Ph. 9436575390

#### C. Associate Member (Organisational)

- 34. Mahila Samaj Kalyan Samity P.O. Baburbazar, Pin: 799277 Kailasahar, Unakoti District
- 35. Dishari Vill - Belonia Ek No Tilla, Pin: 799015 South Tripura, Ph.9612150347
- 36. Vivekananda Club Vill & P.O. Deocharra, Pin: 799250 Dharmanagar, North Tripura Ph.7308734350
- 37. Adarsha Samaj, Vill & P.O-Charilam, Sipahijala District, Tripura
- 38. Aranyak
  Vill Karaiyamura (Bagma)
  P.O- East Bagabasa
  Udaipur-799114, Gomati District,
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   Dharmanagar, North Tripura District,
- 40. Science Club P.O. Kadamtala, Pin: 799261 Churaibari, North Tripura
- 41. Ambedkar Smriti Sangha Vill - Gopalpur, P.O. Shibnagar Pin-799270, Kanchanpur, North Tripura District
- 42. Durga Social Society
  P.O. & Vill Jolaibari-799141,
  Santirbazar, South Tripura District.
- 43. Prograssive Youth Club P.O. Dewanpasha, Pin: 799250 Dharmanagar, North Tripura
- 44. Jubak Sangha Vill - Tulamura, P.O : Jitendranagar Pin: 799105, Udaipur, Gomati District, Tripura State

- 45. Jatiya Juva Sangstha Vill - Prakashnagar, P.O- Rajnagar Pin: 799155,Belonia, South Tripura District,Ph.9436479702
- 46. Deora Youth Club Vill & P.O - Hiracharra, Pin: 799277 Kailashahar, Unokoti District, Tripura
- 47. Samaj Unnayan Samity P.O.- Samrurpur, Pin: 799277 Kailasahar, Unakoti District, Tripura
- 48. Development of Industry Science and Handicap Association (DISHA) Vill & P.O: Srinagar, Pin-799 143 Sabroom Subdivision South Tripura District
- 49. Kathia Baba Charitable Society Katlamara, P.O - Simna, Pin- 799213 West Tripura District
- 50. Progresive Research Association & Youth Academic Society (PRAYAS)
  P.O: Baikhora, Pin: 799744
  South Tripura District
- 51. Samaj Unnayan SansthaGovindapur, Dharmanagar,Pin: 799250, North Tripura District
- 52. Women Welfare Society Algapur, PO: Darmanagar, Pin: 799250, North Tripura District Tripura State
- 53. Samaj Unnayan Sanstha Radhapur, PO: Darmanagar, Pin: 799250, North Tripura District Tripura State.
- 54. Yuba Sangha Kaulikura, PO: Sonarmukhi, Pin: 799277, Kailashahar, Unakoti District, Tripura State

- 55. Kathalia Ambedkar Samaj Unnayan Sanstha
  - Vill-South Maheshpur, P.O. Kathalia, Pin: 799131, Sonamura, Sipahijala District. Tripura State
- 56. Voluntary Social Development OrganisationP.O. Harina Bazar, PIN: 799145Vill-Harina, Sabroom SubdivisionSouth Tripura District
- 57. Ecological Society of Tripura Vill & P.O. - Khilpara (Amtala), Pin: 799120, Udaipur, Gomati District, Tripura State
- 58. Dharmanagar Homoeopath Welfare Association, D.N.V. Road, P.O. Dharmanagar, Pin: 799250 North Tripura District
- 59. Nari Kalyan Samiti Khilpara, P.O - Radhakishorpur, Pin: 799120,Udaipur, Gomati District, Tripura
- 60. HITAISHI Lalchara, PO:Khowai, Pin: 799201, Khowai District Tripura State
- 61. Santikali Mission Debtapara, P.O. Birendra Nagar, Jirania-799045, West Tripura District

- 62. Matribhumi Social Welfare Society (MSWS)
  - P.O: Manubazar, Pin: 799143 Sabroom, South Tripura District Ph: 9612275895
- 63. Ishwar Pathshala PO:Agartala College, PIN: 799004 Agartala, Tripura State, Ph: 9436452068/9774827882
- 64. Gomati Samajik Sangstha Vill: Tepania, Pin:799114, Udaipur, Gomati District, Tripura State PH.9402107994/9612179849 Email: barman87790@gmail.com
- 65. Swamiji Social Centre Vill: Dhajanagar, PO: Gokulpur Pin: 799114, Udaipur Gomati District, Tripura State
- 66. Belonia AIM Society
  Vill: South Belonia, PO:Belonia
  PIN: 799155, South Tripura District
- 67. Surjoyday Social Welfare Society Hapania, Madhyapara P.O: ONGC, Pin-799014 West Tripura District.
- 68. Renaissance Club P.O: R. K. Pur Pin - 799120, Udaipur, Gomati Dist.

#### D. Associate Member (Individual)

- 69. Mr. Manash Roy, Banamalipur PO: Agartala, Pin: 799001 B. K. Road, Near Ramkrishna Enterprize, Agartala, West Tripura
- 70. Ms. Arpita Paul Lab. Technician Gandhigram PHC West Tripura District

- 71. Er. Soumya Deep Das C/o: Mr. Rana Kumar Das Ushabazar, Shanitala, Vill: Chhinaihani, P.O.: Airport-799009, Agartala, Tripura.
- 72. Mr. Anirban Dasgupta North Banamalipur, B. K. Road. Agartala - 799001, Ph-9862188702 Email - dasgupta.gupta@gmail.com.

### **VHAT ACTIVITIES**

### **Networking and Advocacy**

#### A. State Level Networking

#### 1. Networking with Civil Society Organizations of Tripura

#### **■** Federation through membership :

The membership of VHAT creates opportunity for sharing, co-operating, exchanging information, experiences and activities in the areas of functioning.

#### ■ Support Services:

- Creating awareness about the government policies.
- Guidance for project formulation, monitoring and evaluation of the developmental projects in the grass-root.
- Information dissemination for availability of fund from various sources.
- Advising for overcoming problems of registration, accounting and report preparation.

#### Capacity Building :

The NGOs, both members and non-members, are given training for their capacity building on different issues related to their activities. Moreover, VHAT publishes monthly magazine, newsletters, books, booklets, posters and audio-visuals to develop the communication skills of the NGO members. Capacity building trainings are also given to the members of SHGs and CBOs on different vocational courses.

#### ■ Anti-Trafficking Activities:

To combat human trafficking and violence against children & women VHAT closely works with the member organizations to sensitize law enforcement agency and allied systems. Hence, law enforcement agencies, administration, Child Welfare Committees, non-government organizations, local institutes and Panchayats are involved in sharing information, rescue, and restoration and cross border repatriation.

#### ■ Implementation of Child-Rights:

VHAT is running CHILDLINE which is an emergency toll free phone service for the children in distressed condition and linking them to long term services. It always seeks active cooperation from the allied systems viz, police department, CWC, health, education, transport, labour, judiciary, social welfare department, local administration, non-government organization,

resource organizations for the welfare of the children in need of care, protection and implementation of child rights.

#### 2. Networking with Local Government Departments:

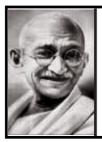
VHAT gives priority in networking with government departments and advocacy for orientation of the government policy for giving maximum benefit to the under privileged as well as underserved population.

#### B. Networking in Regional and National Level

- Federated in national level as member with Voluntary Health Association of India (VHAI), New Delhi as state VHA of Tripura.
- Associated nationally with CHILDLINE network through CHILDLINE project under CHILDLINE India Foundation, Mumbai.
- Associated with National Trust network, under the Ministry of Social Justice and Empowerment, Government of India for promotion of rehabilitation of persons with disabilities (PWDs)
- Give India Network connecting VHAT with different individuals nationally and internationally to know about VHAT activities and supporting the programs to serve the under privileged section of the society.

#### C. Advocacy:

- Policy level advocacy through the network is a priority activity of VHAT.
   Since its inception in 1988 as state level network of NGOs and CBOs, it had been conducted many advocacy campaigns.
- Presently the most important advocacy is launched on the Inclusive Education. This is for including the children with disabilities in the main education system with empowerment of the teachers through training.
- VHAT is regularly publishing RNI registered monthly magazine Loka Swasthya Sambad and distributing to the people's representatives, policy makers and implementing departmental leaders of the state which advocates scientific facts on healthcare, mental health, adolescence and family life education, Traditional Medicare, social health and environmental health.



If we want to reach real peace in this world, we should start educating children

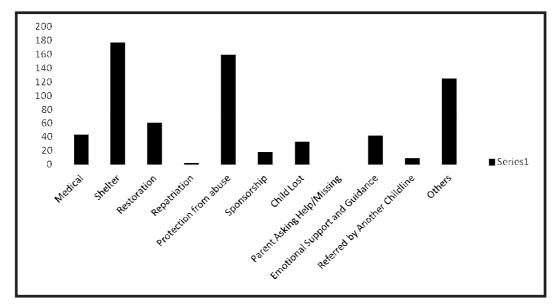
- Mahatama Gandhi

## 2 CHILDLINE Agartala

s collaborative organization VHAT initiated CHILDLINE Agartala project in 2003. CHILDLINE is a National 24 hour, free emergency helpline & outreach service for children in distress condition who need immediate care and support. CHILDLINE not only respond to the emergency needs of children but also link them to services for their long-term care and rehabilitation. CHILDLINE number 1098 is a toll free number that is common in all the cities of India. The project is supported by the Ministry of Women and Child Development, Government of India, through the nodal organization CHILDLINE India Foundation, Mumbai.

#### ■ Activities in 2018-2019:

CHILDLINE Agartala (Collab) intervened 668 cases during the year 2018-2019 to provide medical support, sponsorship, shelter, counseling facilities to the children in need. CHILDLINE is working 24/7 to stop child marriage, child labor. Below is the statistics of services praovided in the year 2018-2019 :



- CHILDLINE Agartala (Collab) conducted 12 Open House events in different schools & communities to locate problems of children in grass root level.
- KOMOL film was screened in 25 Schools and two Orphanages for bringing awareness among the children about child sexual abuse.
- ❖ Team Members attended 13 SMC meeting in 13 schools to exchange the information on care and protection of the children.

- Two meetings were conducted with CDPOs in order to spread awareness of CHILDLINE activities.
- Twelve special awareness meetings were organized with ASHA/Anganwadi workers.
- ❖ Fourteen hoardings with CHILDLINE messages were displayed in PHCs, Community Hall, Children's Homes and Schools.
- ❖ Total outreach period was 4802 hours in 2018-2019. Outreach is one of the major activity of the Team Members to spread the messages in both urban & rural areas.

#### Innovative activities by CHILDLINE Agartala:

Relief to the storm & heavy rain fall victims in Lefunga Block- On 9-04-2018 CHILDLINE Agartala (Collab)'s received a call from Mr. Sunil Debbarma (Mob no-7630031275), who asked for food & clothes for children in distress

situation at Rajghat village under Lefunga block. Mr. Debbarma described over phone that people of this village were devastated by storm & heavy rain fall. Storm damaged their houses, people took shelter in nearby Rajghat High School, (around 500 people including 125 children). CHILDLINE Agartala decided to provide instant relief for the children in vulnerable



Releif work by CHILDLINE Agartala

situation. VHAT sponsored 50 kilogram raw rice & 25 kg Pulses for them including few clothes for the children. CHILDLINE Agartala Team Members went to Rajghat immediately along with food materials & clothes. After reaching there, Team members witnessed the natural devastation. Team members consoled the affected people & distributed food & clothes to the children. People of that area were very happy; they thanked CHILDLINE & Voluntary Health Association of Tripura for their heartfelt effort.

#### Rally at Yuva Diwas-Swami Vivekananda's birthday

On 12-01-2019 CHILDLINE Team conducted a rally at Hapania under Dukli block to celebrate Yuva Diwas. Around 100 children participated in this rally with posters & placards in order to enlighten people about the life of Swamiji.

#### World Environment Day, 5th June, 2018

On 5th June, 2018, it was jointly observed in Dashamighat Slum area, by CHILDLINE Agartala (Collab), VHAT, Tripura Bal Gurukul and local ASHA workers.

Children with parents of that slum area were present in the program. After the discussion one drawing competition was arranged among the children, theme was Environment Pollution. After that, Social worker Mrs.Shikha Gupta, Asst. director of VHAT Mr. SujitGhosh, discussed about the environment pollution in details. Using Polythene packet was one of the major reasons behind environment pollution. People should get rid of polythene as it would make our planet better to live in. ASHA worker then showed the technique of washing hands to the children. At last Team members of CHILDLINE Agartala (Collab) told that 'CHILDLINE is a friend philosopher & guide' for them.They can call on 1098 any time for their necessity. Prizes were given to the children who came 1st, 2nd, and 3rd in position in drawing.

#### ❖ Birthday celebration of CHILDLINE Agartala (Collab)

On 8<sup>th</sup> August, 2018, CHILDLINE Agartala Team Members celebrated its 15<sup>th</sup> birthday in office premises. Children who are rescued by the CHILDLINE Team joined this celebration. Team decorated the room with green balloons, and then cut the cake with children. Team with children exchanged their views regarding CHILDLINE. Children confessed that CHILDLINE act as "friend, philosopher & guide" for them. Team also arranged light refreshment for the children. Team & children spent a magical evening as they celebrated the "BIRTHDAY" of CHILDLINE together.

#### ❖ WORLD DAY AGAINST CHILD LABOUR, 13/06/2018

CHILDLINE Agartala (Collab) observed World Day against Child Labour on 13-06-2018 instead of 12th June due to heavy rain. Children of Anwesha Child Protection Centre presented a street drama on child labour. Team members then awared people about the ill consequences of child labour.

#### Participations by CHILDLINE Team Members

- Centre Coordinator attended Chat show at FM Ujjaini on World Day against Drug Abuse & Illicit Trafficking on 26th June, 2018.
- Training at ASHA Holy cross: Team Members attended 3 days training program on Child Labour from 16<sup>th</sup> to 18<sup>th</sup> July, 2018.
- From 3/10/2018 to 5/10/2018 Team Member Sanhita attended training on Women security in public place in NIPCCD Guwahati.



- Arise! Awake! and stop not until the goal is reached.
- The world is the great gymnasium where we come to make ourselves strong. Swami Vivekananda



### **CHILDLINE SEPAHIJALA**

As collaborative organization VHAT initiated CHILDLINE Sepahijala project in March 2019. Before starting the activities in the field an orientation training of the staff of this new project was arranged on 27-29 March,2019 in the training hall in VHAT Office at Kunjaban, Agartala.

All the nine newly recruited staff of Sepahijala CHILDLINE participated in it.

**Day1:** Training started at 10.30am with the self introduction. Then Mr. Bipul K. Majumder, Centre Coordinator of CHILDLINE Agartala gave the overview of the CHILDLINE activities. Mr.Pradip Kumar Sarkar, Team Member of Agartala CHILDLINE discussed in details about the various categories of the cases, process of restoration & repatriation.

Ms. Sanhita Barari discussed on the prevention of child marriage & type of outreach activity. She described some live cases as example. Alivia Naha discussed on the different formats, monthly report and overall documentation.

Day 2: Session started at 10.00am with debriefing of previous day. After that Dr.Sreelekha Ray discussed on the Child



Training of CHILDLINE Sepahijala Team

Protection Policy of VHAT. Mr Bipul K. Majumder continued the discussed on -

- a) Overall activities of CHILDLINE.
- b) How to greet the caller mentioning the CHILDLINE 's name.
- c) What are the documents to carry with while going out for outreach/ open house/ client related visit .
- d) Put on CHILDLINE uniform.
- e) Different Allied Dept/ System with whom we have to work.
- f) Maintenance of accurate time for all the works.

**Day 3:** At 10.00am assignment of writing the report of previous two days was given to the participants. At 12.00am, discussion was continued by Ms. Sanhita, Mr.Pradip Sarkar & Ms.Alivia, on the counseling format, SIR form, Form 17, Home visit format, Open House report.

After lunch session was on Accounts keeping by Mr. Phani Debnath.

Then the participants were divided in 4 groups to discuss 'how they will work to implement the CHILDLINE in Sepahijala". After discussion the groups presented their views & all went out for a group outreach in the field.

views & all went out for a group outreach in the field.
On 30th of March, 2019 Team CHILDLINE Sepahijala (Collab) conducted outreach at Boxnagar, Sonamura & Kathalia area. They went door to door of the residents to spread awareness about CHILDLINE's various activities regarding care and protection of the children. They did group outreach on 31th March, 2019 at Bishalgarh, Charilam, Bishramganj area. They enlightened people about how CHILDLINE reaches to the children (0-18 years) in distress condition through its 24 hour emergency helpline service toll free number 1098.



## Anwesha Child Protection Centre-Open Shelter for children

nwesha Child Protection Centre, an Open Shelter for children in emergency, run by Voluntary Health Association of Tripura which was started in 2005. There are two sections-Open Shelter for Girls (for 25 girls) and Open Shelter for Boys(for 25 boys) which has been registered under Social Welfare Department as per Juvenile Justice Act, under Ministry of Women & Child Development.

#### ■ Target Groups:

- Children of 5-18 year age group of the following categories were the beneficiaries of this project.
- ♦ Orphaned Children.
- Street children (rag pickers, baggers, etc), victims of any drug addictions.
- ♦ Abandoned Children.
- Victims of violence/ abuse.



International Day of Yoga in Anwesha Home

Any child eligible for getting emergency services.

All the children were attending schools on regular basis and guided by House Parents, In-charge, GNM nurse and two Social Workers. The children were supported with extra coaching teachers. Apart from educational support, the children were provided with computer lab to enhance their computer knowledge in extracurricular activities which was being supported by Miracle Foundation India (MFI). All the children were attending the computer classes on a regular basis.

#### ■ Medical Care and services provided for children:

- ♦ Monthly height-weight measurement and record maintenance.
- ♦ Quarterly detail health check-up and treatment.
- Quarterly hemoglobin test.
- ♦ Regular Dental check-up and treatment.
  ♦ Hearing test.
- ♦ Vision test.
  ♦ Emergency medical care.

Apart from providing emergency care and protection, these Open Shelters were linked with a specialized adoption agency, through which the home can give the child for adoption those who were registered under CARA. Children from Open Shelters were also reunified with their parents as it was for the best interest of the child.

## **S**Anwesha Children Home for Girls

nwesha Children Home for Girls run by Voluntary Health Association of Tripura was registered in November 2016 as per J.J. Act under Ministry of Women & Child Development for 50 girl children. It provides long term shelter for orphaned and underprivileged girls till completion of 18 years of age. Children were provided shelter, nutrition, education, basic computer knowledge, recreation, medical support and life skill education.

#### ■ Children were involved in following activities:

- \* Regular schooling in nearby educational institutions.
- Art and Drama training.
- Tailoring.
- Life Skill Education.
- Sports and games.
- · Agriculture and animal rearing.
- Yoga and meditation.
- Computer Education with NIIT certificates through Miracle Foundation.

All the children from three Homes Anwesha Children Home for Girls, Anwesha Open Shelter for Boys and Anwesha Open Shelter Girl's have Children Committees guided by care givers and other supporting staffs. The Children



Training of Adolescents on Menstrual Hygeine

Committee were divided into four categories i.e. Discipline Committee, Health & Hygiene Committee, Recreational Committee and Food Committee.

#### Medical Care and Services provided:

Individual medical file was maintained for all the children. Following were the medical services provided to the children.

- Monthly height-weight, BMI and record keeping.
- ❖ Immunization: Hepatitis B, Tetanus Toxoid, MMR.
- Quarterly Hemoglobin test.
- Monthly Health Check-up and treatment.
- Vision Test.
- Annual Dental and ENT check-up.
- Emergency medical care.

### ■ Anwesha Children Home and Anwesha Open Shelters together Celebrated:-

#### **APRIL 2018 –**

- Celebration of Bengali New Year's Day on 15<sup>th</sup> April . 'Pahela Baishakh' is the first day of Bengali calendar which was observed by greetings the House Parents and eating good food and spending time together.
- ❖ Fitness Camp: On 29<sup>th</sup> April 2018, in collaboration with PROMISE Social and Cultural Welfare Foundation a fitness camp was organized. The team conducted a yoga fitness exercises and sports among the children.

#### MAY 2018 -

- Mother's Day: On 13<sup>th</sup> May Children had prepared cards for all the house parents, decorated the room nicely with flowers and balloons, performed dance beautifully on "meri maa".
- Observance of Rabindra Jayanti and welcoming the Bengali New Year 1425: On 9<sup>th</sup> May, 2018, this special ceremony was organized where the Chief Guest and the Inaugurator of this event was Ms.Santana Chakma, Hon'ble Minister of Social Welfare and Social Education, Gov of Tripura. It was the 157<sup>th</sup> birth anniversary of Rabindranath Tagore, the great poet & first Nobel laureate in Asia. Other dignitaries present in the ceremony were Dr.Dilip Kumar Das, Hon'ble MLA, Barjala-West Tripura, four members of CWC-West District, viz. Shri Chayan Datta, Advocate-Shri Bidyut Datta, Shri Tapan Kumar Sarkar and Advocate- Smt Madhumita Bhattacharjee. Prof(Dr.) Dilip Kumar Ray-Founder Member of VHAT chaired the event. At the end of the function, special meal was offered for the children.

#### JUNE 2018 -

- Observation of World Environment Day 2018 was organized by Anwesha Home on 5th June, 2018. The program was based on 'beat plastic pollution' theme. The children of Anwesha also performed a drama on 'save trees and safe lives'.
- On 16th June 2018 awareness program on 'protection of child right' was organized by west District legal services Authority under the aegis of Tripura state legal service Authority at Anwesha home.
- International Yoga Day was celebrated at Anwesha organized by VHAT and with the support of ART OF LIVING on 21th June 2018.

#### JULY 2018:-

12th July-NABARD Foundation Day celebration at Anwesha where children performed cultural activities. Water cooler, filter, school bags was donated from NABARD. Sweets, chips and chocolates were distributed to all the children and staffs

#### AUGUST 2018 :-

Observation of 72 Independence Day on 15th August.

#### SEMTEMBER 2018:-

 Observation of Dr. Sarvapalli Radhakrishna's Birthday & Teacher's Day a on 5th September.

#### **OCTOBER 2018:-**

- ❖ Group Birth Day Celebration:-On 20th October 2018 &28th October 2018.
- Observation of World Mental Health Day:- On 8th & 11th October 2018 World Mental Health Day was celebrated in Anwesha Home.
- On 17th & 18th October 2018 all children with their own family group were taken for outing to see Drurga Puja in pandals. All the children had enjoyed a lot.

#### NOVEMBER 2018:-

- Celebration of Children's Day on 14th Nov. 2018.
- Diwali- All the children of Anwesha celebrated diwali by lightening candles in Anwesha Campus.

**DECEMEBER 2018:-** Christmas Day celebration on 25th December

#### JANUARY-2019

- Annual sports was organized on 1<sup>st</sup> January, 2019 in Anwesha playground. Children of all ages had participated with enthusiasm in different games like music chair, running race, frog jump
- Swami Vivekananda birthday, popularly known as 'Youth Festival' was celebrated on 12<sup>th</sup> January. All children had participated in procession which was started from morning 9 am and continues till noon.
- ❖ Makar Sankranti was celebrated in Anwesha Home on 15<sup>th</sup> January, 2019.
- 23rd January Netaji's Birthday was celebrated.
- Observation of Republic Day on 26<sup>th</sup> January, 2019.

### **Children Learn What They Live**

If a child lives with criticism, they learn to condemn.

If a child lives with hostility, they learn to fight.

If children live with fear, they learn to be apprehensive,

If children live with pity, they learn to feel sorry for themselves,

If a child lives with ridicule, he learns to be shy.

But do not despair ...

If a child lives with tolerance, they learn to be patient.

If a child lives with encouragement, they learn confidence.

If a child lives with praise, they learn to appreciate.

If a child lives with fairness, they live with justice.

If a child lives with security, they live to have faith.

If a child lives with approval, they learn to like himself.

If a child lives with acceptance and friendship.

they learn to find love in the world.

— Dorothy Law Nolte

### 6

### **Unmesh Children Home for Boys**

nmesh Children Home for Boys was a new initiative of Voluntary Health Association of Tripura in Sepahijala district. Like Anwesha, this home provides long term shelter for orphaned and underprivileged boys till completion of 18 years of age. Children were provided shelter, nutrition, education, basic computer knowledge, recreation, medical support and life skill education. All the activities were similar as Anwesha Children Home.



Unmesh Home in Sepahijala District

"Around here, we don't look backwards for very long... We keep moving forward, opening up new doors and doing new things because we're curious... and curiosity keeps leading us down new paths".

- Walt Disney



## Ratanmani Vidyalay : A Residential Primary School for Tribal Children in Remote Area

atanmani Vidyalay was started as a component of **KHOJ** project of VHAT in 1994 to promote primary education among tribal children living in the remote hilly areas of Rupaichari block of South Tripura district. In the year 2018-19, Ratanmani Vidyalay received support for one hundred hostel children from State Tribal Welfare Department, some support for food and education for children from Give India and hostel fees from the guardians.

In January 2019, 288 children from various panchayats of Rupaichari Block under the Tripura Tribal Area Autonomous District Council (TTAADC) admitted in Ratanmani Vidyalay.

#### ■ Present status of the School:

The following data shows the present status of the children in January 2019:

Class	Boys	Girls	Day Scholar	Staying in School Hostel	Total Students
I	32	31		63	63
II	27	41	01	67	68
III	34	23		57	57
IV	31	23		54	54
V	24	22	02	44	46
Total	148	140	03	285	288

#### ■ Average monthly attendance of the students in 2018-2019:-

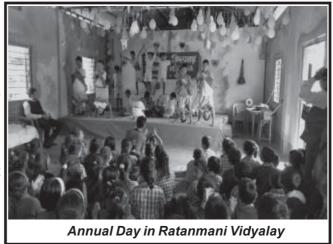
Class-I: 91%, Class-II: 93%, Class-III: 99%, Class-IV: 95%, Class-V: 95%.

- ❖ The human resource of the project was competent for catalyzing the formal education as well the extracurricular activities for development of the children.
- This school played effective role in promoting primary education, sports and extracurricular activities, environmental orientation, awareness on health & hygiene.
- ❖ All the eight teachers and five non-teaching staff were residential and giving extra effort to improve the quality of the education.

#### **■** Education in the School:

- There are 8(eight) well trained teachers in the school of which 2 are female and 6 are male teachers.
- The formal education is based on the curriculum of the Tripura Board of Secondary Education and the books are supplied from the State Government Education Department under Sarva Shiksha Abhiyan (SSA).

- The students get training and exposure to vocational activities, viz animal husbandry, environmental education and plant nursery.
- The students from class I-V receive health education classes once in a week on prevention of malaria and diarrhea, fever management and first aids as their villages are included in malaria and diarrhea prone area of the state. Moreover, education



on sanitation, hygiene – both personal and environmental, as well as on safe drinking water are emphasized in health education classes.

- All the students attending Yoga class after the morning prayer
- During vacation days, the students receive free coaching from the school teachers for quality development.

#### Events celebrated :

❖ Independence Day-15<sup>th</sup> August 2018, was celebrated through drawing competition and cultural activities.

- Teachers Day-5<sup>th</sup> September 2018, was observed by discussion and quiz competition.
- Prayas programme in collaboration with Sabroom Police Station to increase awareness of the children about child rights.
- Birth Day of Netaji Subhas Chandra Bose –on 23 January 2019.
- Republic Day on 26 January 2019.



Annual Sports Day on 29th March 2019 in Ratanmani Vidyalay

- Civic Action Programme, jointly with B.S.F. on 6 February 2019.
- ❖ Anti Helminthes Day with local PHC on 8 February 2019.
- Annual Day on 27 December 2018, with 330 parents, Tribal Welfare Officer, Police Personnel School Committee, Hostel Committee and School Children.

This Annual day was celebrated through discussions, cultural activities followed by special feast.

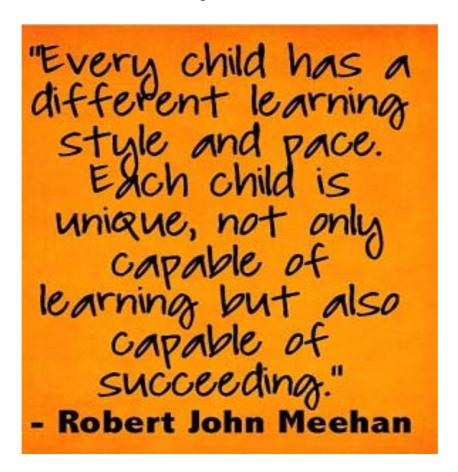
- ❖ Annual Sports- on 29 March 2019 where 230 students participated.
- ❖ Apart from school activities, children participated in various events conducted by Community and local Government in Block & Sub-Divisional Level.

#### ■ Teachers Training:

Seven out of eight teachers of Ratanmani Vidyalay completed the two years "D.El.Ed Course" under NIOS, Government of India, Ministry of Human Resource Development.

#### ■ Monitoring and Evaluation:

VHAT Monitoring and Evaluation Committee along with the Executive Director did the yearly evaluation as it was important to keep watch on the project for its continuation as well to achieve its targeted activities.



## 8

### VHAT Eye Hospital

HAT Eye Hospital was initiated in 2002 in collaboration with DBCS, West Tripura District. In the year 2003, the project was shifted to its own building in West Bhubanbon village, near Agartala Airport.

**Objective of the project :** Prevention of blindness among elderly rural population of Tripura through cataract surgery and eye care services.

**Target Group:** Poor underprivileged elderly population of rural Tripura. Area of coverage for Eye Hospital was whole of the West Tripura & Sepahijala district, less accessible rural areas of Gomati and South Tripura Districts.

#### ■ Activities of VHAT Eye Hospital in 2018-2019:

 Medical / eye screening camps – 19 camps organized in different rural areas of West, Sepahijala, Gomati of South

district of Tripura.

 Number of persons received services in camps OPD 3273

- Number of persons received services in Hospital OPD 647
- Number cataract surgery 352 (Male-164, Female-188).
- Number of minor surgery-15 (Male-06, Female-99).
- Number of spectacles prescribed to - 2220 elderly persons.

Vitamin A distribution- 630cases (Male-92, Female-236, Children-302).



Vision Test in a rural Eye Screening Camp organized by VHAT Eye Hospital



## 9 SIDBI Supported Initiatives

**A) Skill Training:** VHAT has been associating first time with Small Industries Development Bank of India (SIDBI), Tripura Regional Office to work with rural women through training of bamboo based utility products in Bamutia R. D. Block of West Tripura District.

#### Objectives:

- 1. To develop skill on bamboo utility products for the rural women/entrepreneurs
- 2. To increase the knowledge about market strategy & business plan for the participants
- 3. To understand the methods for quality control management.

#### Presence of various Delegates in inauguration:

Shri P. K. Kaushik, Forest Research Centre and Livelihood Extension Tripura Regional Office.

Shri Sujit Ghosh, Assistant Director, VHAT

Shri Rakesh Kumar, Asst. Manager, SIDBI, Tripura

**Master Trainer/Resource person**-Gouranga Debnath, Sujit Ghosh, Tutan Saha, Abdul Rahman

#### Technical/Practical period: 30 days from 20th September 2018:-

#### Products:

- Jewelry Box
- Badges
- Wall Hanging

#### Feedback from the Participant:

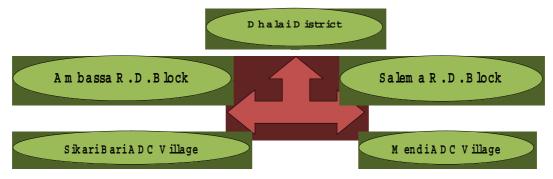
- Trainees were satisfied about content of the training.
- The basic discussion on entrepreneurship was found very new to them
- About the Master Trainers and Resource Persons, trainees showed their satisfaction
- Some trainees was in favor of exposure visit to be included in the training programme which was missing in the schedule
- It was very useful for them to development their individual level of sustainable entrepreneurship.

The stipend or wage loss, if included in the training would be more beneficial for them as suggested one section of the trainees.



Completion of Training on Bamboo utility products

#### B) Health camps with SIDBI support: Implementation Area:



#### Objectives of Health Camps:

- 1. To provide the health care facilities to the people of remote area
- 2. To share the information related to communicable and non-communicable diseases to the villagers
- 3. To provide free medicine to the patients as required
- 4. To discuss about the prevention of Diabetes & utility of blood sugar test ,Malaria-causes and control, seeking emergency medical assistance.
- 5. To create a pro health environment in the locality
- 6. To discuss about the sanitation and cleanliness in the Health Camp.
- 7. To develop a medical assistance attitude among the villagers

Medical Officers from Dhalai district hospital helped in two camps on 19<sup>th</sup> and 22<sup>nd</sup> March 2019 in Mendi ADC Village in Salema Block and Shikaribari ADC Village in Ambassa Block.

Totally 228 patients were treated and blood test for 93 patients were done to detect Malaria. The patients highly appreciated SIDBI and VHAT for organizing such health camps for rural people. Local social workers suggested to organize more health camp again in their villages.

## 10

## Regional action on Inclusive Education North East (RAISE NE) project

he RAISE North East is a project initiated to compliment the program of Samagra Shikha Abhiyan(SMSA) on inclusive education to improve the quality education for children with disabilities in government and government supported schools in selected districts of Tripura. The project is supported by Christoffel Blinden Mission (CBM). Voluntary Health Association of Tripura (VHAT) is the leading partner of implementing in West Tripura District in collaboration with Ferrendo Rehabilitation Centre (FRC), Nandannagar, and Montfort H. S. School, Champaknagar.

#### r Focus areas of project:

- w Focus on Education, not on Disabilities.
- w Development of material for implementation of inclusive education.
- Curriculum Adaptation (CA), Classroom Transaction (CT) and Teaching Learning
   Materials.
- w Disability Adjusted-Continuous and Comprehensive Evaluation (DACCE).
- w Advocacy and Awareness (A&A).
- w Mentoring, Monitoring and Evaluation (MME).
- W Development of a practical guide for mainstream teachers "How-to-do-Inclusive Education".

#### r Special focus on improving:

- w Child Safeguarding.
- w School Safety.
- w Gender Equality.

#### r Objectives:

1) To improve the quality of education for children with disabilities in selected (government) elementary Schools, 2) Capacity building of the teachers on inclusive education, 3) Development of material for implementation of inclusive education (TLMs), 4) Formation of inclusive children parliament, 5) Co-teachings, 6) Enabling inclusion in classroom in school environment, 7) Welcoming the diverse learners, 8) Encouraging and assisting in formative assessment & evaluation, 9) Implementing UNIVERSAL DESIGN FOR LEARNING.

During the period (April 2018 to March 2019), the project formed 9 inclusive children parliament (ICP), conducted 6 SMC meeting, 3 parents meeting and following activities have done under RAISE NE Project.

SI. No	Name of the activity	Date and Venue	No. of partici pants	Proceeding in gist
1.	Orientation Training on Policies with office staff	Date: 14-04-2018 Venue: VHAT training hall Agartala, west Tripura	23 Partici pants	Dr. Sreelekha Ray, Executive Director of VHAT discussed details on Gender policy and child safeguard policy of the organization. Every staff should be aware on the policies of the organization. Dr. Dilip Kumar Ray, Chief Advisor of VHAT discussed on rights of Employees, employer's and systematic work culture and responsibility of the staffs.
2.	Workshop on Building Alliance with other NGOs	Date: 25-06-2018 Venue: VHAT training hall Agartala, west Tripura	30 Partici pants	Ms.Susmita Datta, Inclusive Education Co-ordinator, SMSA-West Tripura District discussed on statue of Inclusive Education in Tripura under SMSA, Importance of Inclusive education for development of Children with Special Needs (CWSN) in Tripura.  Prof. Rajendra Prasad, Department of Education, Tripura University discussed on PWDs act 2016 and pedagogy on Inclusive education.
3.	Meeting with ASHA / Anganwari worker/Co mmunity people	Date: 25-09-2018 Venue: Chandmari Chowhan Basti Anganwari Centre	80 Parent s and childre n	80 people participated .JyotirmoyMajumder and Ms.Anurupa Sinha discussed on inclusion of CWDs in AWC, how to help them and awareness on prevention and early intervention of disability.
4.	Inclusive Indigenous GraminKrir a	Date: 10-10-2018 Venue: Dr. B R Ambedkar High School	450 person s	The Inclusive Indigenous Gramin Krira conducted by RAISE NE project. 60 children including 6 CWDs and 15 parents took part in the sports programme,e.g. 1. Golla Chute, 2. Pach Guthi (five stones),3. Sola Ghuti, 4. Rumalchor, 5. DakDakBeli, 6. Bellon Fatao game for parents.  School children performed cultural events like songs &dances.
5.	Inclusive Indigenous GraminKrir a	Date: 19-11-2018 Venue: Bishuchandra para High School, Belbari	300 people (childr en & parent s)	70 children including 4 CWDs and 20 parents took part in the sports from 4 Schools. Items of Gramin Kriras were-1. Golla Chute, 2. Panch Guthi (five stones), 3. Sola Ghuti (Paing), 4. Cock Fight, 5. Koldan Race, 6. Light ball through,7. Tag of ware by Bamboo one verses one for parents, 8. Fan Satang laimani for teachers and parents. School children performed cultural events like songs, dances etc. ADM, West Tripura district, School management committee, Panchayat Extension officer of Belbari Block and local PRI body were present during the event.
6.	Inclusive Indigenous GraminKrir a (State level)	Date: 15-12-2018 Venue: Ferrendo Rehabilitation Centre, Nandannagar, Agartala.	350 people	State level "inclusive Indigenous Gramin Krira' a sports, cultural event with discussion on inclusive education among the parents and community people at Ferrendo Rehabilitation Centre, Nandannagar. 110 Children and 48 parents from eight schools participated in the inclusive indigenous Gramin Krira.
7.	Building of champions	Date: 23 <sup>rd</sup> February 2019 Venue: Ferrendo Rehabilitation Centre	40 childre n	Nine SSA schools participated in the workshop. Mr. Denzil Basil facilitated the workshop. 40 participants actively participated during the workshop. During the sessions discussion was on Health, Education and other issues which necessary for children.

			1	
10.	Teachers Training	Date: 10 <sup>th</sup> – 14 <sup>th</sup> March 2019,Venue: Dr. BR Ambedkar High School	teache	10 teachers actively participated in the training. The training based on the manual "An Inclusive Day" it helps to build the capacity of teachers on Inclusive Education.
11.	Teachers Training	Date: 13 <sup>th</sup> – 17 <sup>th</sup> March 2019	14 teache rs	We have completed the teachers training at Sadhutila SMS Girls English Medium High School. 14 teachers actively participated in the training. The training based on the manual "An Inclusive Day" to build the capacity of teachers on Inclusive Education.
12.	Ring the Bell	Date: 16 <sup>rd</sup> February 2019, Venue: Sadhutila CMS Girls English Medium High School	200 people	This was celebrated with the participation of Students with disabilities and Student without disabilities, Parents& Teachers of the school. The Theme of the event was "Ring the Bell" that involves ringing the bell for one minute by children without disability who make noise to create awareness on the importance of inclusive education in schools.
14.	Awareness program on inclusive education (Panel Discussion)	Date: 19 <sup>th</sup> March 2019 Venue: District Disability Rehabilitation Centre	150 people	Representatives of DPOs, Schools, NGOs, SMSA and parents participated from different districts. Focus points- 'Main streaming of CWSNs in School, rights of CWSNs and present status of Inclusive Education in Tripura.Resource Persons were - Dr. Diptibikash Ray, Member Secretary DDRC, Ms. Supriti Sarkar, Urban Coordinator SMSA, Mr. Ashesh Datta, Rider District Institute of Education and Training, Mr. Haribhushan Das, Secretary, Pratibandhi Kalyan Samity and Mr. Debasish Mahato, Asst. Professor Department of Special Education ICFAI University.
15.	Inclusive Cultural Programme	Date: 25 <sup>th</sup> March 2019 Venue: Dr. BR Ambedkar High School	200 people	70 children from two SMSA schools performed Drama, Songs, Dance, Recitation and Debate competition on Inclusive Education .  CWSN s actively showed their talents in this program.



"Not all of us can do great things. But we can do small things with great love."

- Mother Teresa

Health is a state of complete physical, mental and social well - being, and not merely the absence of disease or infirmity.

-World Health Organization

## Women Self-Help Groups Project

omen Self Help Group Project has been implementing in West Tripura District by Voluntary Health Association of Tripura since 2013. The project supported by National Bank for Agriculture and Rural Development (NABARD) Tripura Regional Office.

#### ■ The objectives of the project are:

- To provide access to sustainable banking services to the poor households in rural areas by formation and nurturing of Women SHGs.
- To coverage Women SHGs other livelihood development programme i:e-skill development, LEDP, MEDP etc.
- To empower the rural women socio-economically under the project.

#### ■ The achievements of the project so far:

- Total 513 WSHG formed by covering all the R. D. Blocks of West Tripura district.
- With the approval of SLBC, 10 bank branches have signed MoU with VHAT for support in savings and credit linkages purpose.
- The total bank credit linkage is 448 and out of this, 313 received 1st dose of credit and 135 received 2nd dose of credit.
- The capacity building/ skill development programme conducted in collaboration with SIPARD, RUDSETI.
- Regular block level and village level meeting was conducted in each block.
- Monthly monitoring meeting with the field staffs in the main office.

#### The list of nodal bank branches of the WSHG projects as listed below:

SI. No.	Block Name	No. of the WSHG	Name of the Bank	Name of Bank branch
1	Mandai	103	Tripura Gramin Bank	Mandai
2	Hezamara	42	Tripura Gramin Bank	Hezamara
3	Bamutia	50	State Bank of India	Gandhigram
4	Bamutia	10	Vijaya Bank	Gandhigram
5	Mohanpur	66	Tripura Gramin Bank	Mohanpur
6	Lefunga	114	Tripura Gramin Bank	Lefunga
7	Jirania	82	United Bank India	Jirania
8	Jirania	8	Tripura Gramin Bank	Mohanpur
9	Dukli	26	State Bank of India	Amtali
10	Dukli	12	United Bank India	Badharghat
TOTAL		513		

## E-Shakti Digitization of SHGs

ational Bank for Agriculture and Rural Development (NABARD) has initiated the E-Shakti Digitisation project in 100 districts of India. In Tripura, West Tripura District has been chosen as the first district to implement the project. Then this was extended to another i.e. Gomati District.

In West Tripura, 400 WSHGs were targeted out of 513 WSHGs in the district formed by VHAT and 1000 SHGs were targeted out of 1800 SHGs in Gomati District formed by Tripura Rural Livelihood Mission (TRLM), to cover under the digitization process. The baseline data of all the SHGs has collected and uploaded in the E-Shakti portal including the data of individual members of SHGs. After primary upload, regularly monthly data update has been going on.

#### ■ The prime objectives of the projects:

- Integrating SHG members with the National Financial Inclusion agenda.
- Improving the quality of interface between SHG members and Banks for efficient and hassle free banking services.
- Facilitate convergence of delivery system with SHG using Aadhaar linked identity.

#### **■** Components of the Projects:

- ❖ Mapping of the existing SHGs in the district bank wise, branch wise.
- Training of volunteers to collect SHG wise/ individual member's data.
- Data feeding through customized software in central server.

#### Advantages of Digitisation:

- Mainstreaming of SHG members with financial inclusion agenda enabling accesses to wide range of financial services.
- Digitisation of SHG accounts would increase credit linkage facility
- Automatic and accurate rating of SHGs would be available online for banks.
- Mapping of persons not covered under AADHAAR platform and bringing them under AADHAAR fold.
- Comprehensive information base and robust MIS can be developed about poor community covered which may facilitate suitable interventions and convergence of other programme for social and financial empowerment.
- It would help in identifying suitable interventions and support for proper nurturing and strengthening of SHGs.

## 13

## Integrated Tribal Development Project under TDF of NABARD

ribal Development is one of the core areas of NABARD's interventions in rural India. For the specific development of the tribal community, NABARD created one fund as "Tribal Development Fund". In Tripura, VHAT has initiated one project Integrated Tribal Development Project with the support from NABARD Tripura Regional Office in West Tripura and another one in North Tripura District.

#### ■ Integrated Tribal Development Project, West Tripura

The project area is Lefunga Block covering five(5) project villages, i:e- Birmohan,

Abhicharan, GamchaKobra, Bhagwan Choudhury and Shambhuram para village.

Major Components under the projects are:

- Horticultural Orchard Development (WADI)
- Forestry Orchid (WADI)
- > Health Camps
- Vocational Training
- Community Meeting
- > Rain Water Harvesting Tank
- Creating of firm tanks
- > Micro Enterprise Development
- > IGA Training

### ■ The Cumulative Progress as on date of the project :

- 170 Horticulture WADI developed
- 50 Forestry WADI Developed
- 15 nos. of General Health Camps and 3 nos. of RCH Health Camps conducted in the project villages.
- 15 people undergone for vocational training with the support from the project.
- 15 Community Meeting conducted in the villages with the active participation of the farmers.
- Total 6 income generation activities (IGA) organized in the villages especially for the women.
- Under the project 15 rain water harvesting tank has constructed.
- ❖ 55 nos. of small farm pond/ tank developed in the project villages.
- 20 nos. of families of the project area covered under Bamboo Handicrafts.



One Beneficiary of TDF

Project

- As per the implementation strategy, total 60 units of piggery were provided to the farmers.
- 15 Community Meeting were conducted with special health related messages.
- All the 5 villages have set up the village planning committee and regular meeting are being organized.

#### ■ Integrated Tribal Development Project, North Tripura

In North Tripura, Voluntary Health Association of Tripura (VHAT) has been put into practice Tribal Development Programme in three villages, i.e.-Chandipur ADC Village, Kanchanchara ADC Village and Joymonipara ADC Village under Laljuri RD Block. The project commenced in April 2018.

#### Major Components under the projects are:

- Horticultural Orchard Development (WADI)
- Health Camps (General/ Special on Eye & RCH)
- Training (WADI Development/ Mushroom/ Backyard Poultry)
- Water Development( Small Ponds/ Water Tank with Lifting Facility)
- Awareness Programme( Anti Drug and Tobacco Control/ Digital Financial Literacy/ Legal Awareness)

#### ■ The Cumulative Progress of the project:

- 150 Horticulture WADI developed
- 6 nos. of General Health Camps and 3 nos. of RCH Health Camps conducted in the project areas.
- Regular Community Meeting conducted in the villages with the active participation of the farmers.
- 150 nos. of farm water reservoir cum storage tank already set up in the existing orchards of the individual farmers.
- 3 nos. of legal awareness campaign, gender sensitization health & nutrition and 3 nos. of programme on digital financial literacy & anti drug and tobacco awareness program have been conducted in the project villages.
- Skill Training provided to the 150 farmers on WADI management and Backyard Poultry.

Don't limit a child to your own learning. for he was born in another time.

- Rabindranath Tagore



# 14

## VHAT Vocational Education Centre under NIOS

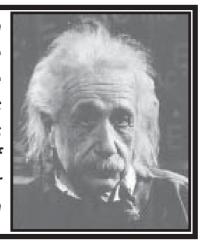
Since 2007, VHAT has been running a Vocational Training Centre accredited by National Institute of Open Schooling (NIOS), under the Ministry of Human Resource Development, Government of India. Vocational Training Centre of VHAT intends to create employment opportunity for the youths. The following courses are offered by VHAT Vocational Education Centre: (AVI-700001).

In 2018-19 VHAT could run the vocational education courses for 84 students. The candidates would be issued certificates from the NIOS, Ministry of Human Resource Development, Government of India. The candidates may utilize the certificates to start their own income generating activity or they can find a better job.

Sl. No.	Name of the Course	Course period	Minimum qualification	Number of students admitted
1.	Certificate in Early Childhood Care & Education (ECCE)	One year	Madhyamik (10 class passed)	14
2.	Certificate in Community Health (CCH)	One year	Madhyamik (10 class passed)	08
3.	Certificate in Care of Elderly (CCE)	One year	Madhyamik (10 class passed)	05
4.	Certificate in Homeopathic Dispensing (CHD)	One year	Madhyamik (10 class passed)	15
5.	Certificate in Yoga	Six months	Madhyamik (10 class passed)	42

"The world was promised freedom from want but large parts of the world are faced with starvation, while others are living in abundance. The economic anarchy of capitalist society as it exists today is in my opinion, the real source of evil. The entire production is carried for profit, not for use."

- Albert Einstein



# 15 ACTIVITIES AS PER NATIONAL TRUST NORMS

HAT is registered under The National Trust, For the welfare of persons with Autism, Cerebral Palsy ,Mental Retardation and Multiple Disabilities (Ministry of Social Justice and Empowerment),Government Of India, (Under Section 12 (4) of the Act), Registration No. TVOL17519675538.

As per National Trust norms, VHAT implemented following activities in 2018-19:

#### A) Observation of World Autism Awareness Day:-

Autism is a neurodevelopment disorder of variable severity which causes disruption in communication and social interaction. The disorder is also characterized through repetitive behaviour and thoughts. On April 02,2018 we observed this day in Anwesha Children Home for Girls with 120 children, in West Bhubanban, Agartala, with an aim to raise awareness about autism. The theme of World Autism Awareness Day 2018 was 'Empowering Women and Girls with Autism'.

Speakers were Mr. Jyotirmoy Majumder (Diploma in Special Education on Mental Retardation and Master Trainer for Sahayogi Scheme) and Dr Sreelekha Ray, VHAT Executive Director(trained by National Trust). The Speakers highlighted that 'according to the World Health Organisation one out of every 160 children is living with **Autism** Spectrum Disorder (ASD). However, there is a lack of awareness about this disorder on a whole. People living with ASD are prone to problems relating to communication and social interaction. These issues can be tackled successfully if ASD is detected at a young age and thereof managed-well. There is need to help and improve the quality of life of those with *autism* so that they *can* lead full and meaningful lives as an integral part of society. Supporting them to achieve their full potential is a vital part of our efforts to uphold the core promise of the 2030 Agenda for Sustainable Development: "to leave no one behind."

## B) Distribution of Teaching Learning Materials to the children with Mental Retardation:-

In collaboration with ICFAI University, Agartala, we distributed learning kits for the children with intellectual disabilities. Eight children were from the schools where VHAT has been working directly on the Inclusive Education. The details were as below:

Sl.	Name of SSA School	Name of	Class	Age	Sex	Type of Disability
No		Children				
1.	Dr. B R Ambedkar High	Amit Das	VI	12	M	Intellectual Disability
	School					
2.	22	DeepaBhowmik	IX	15	F	Intellectual Disability
3.	Sadhutila CMS Girls English	NapurAcharjee	VIII	15	F	Intellectual Disability
	medium High School					
4.	Purba Gokulnagar HS School	Bulbul Kumari	VI	14	F	Intellectual Disability
5.	22	SusmitaKumari	VI	18	F	Intellectual Disability
6.	22	MeghaKhatun	VI	15	F	Intellectual Disability
7.	>>	LipikaDebnath	VII	15	F	Intellectual Disability
8.	"	Pum <b>i</b> kaKalri	VΠ	15	F	Intellectual Disability

List of other Children who Received TLM from Voluntary Health association of Tripura

SL/No	Name and Address	Age/sex	Type of disability	% of Disability
1.	NapurAcharjee D/O- Narayan Acharjee Rabindranagar, RentasColoni, Agartala, West Tripura District	15/F	Mental Retardation(MR)	75%
2.	BivashShil S/O- Manoranjanshil Chandmari, Kumjaban, Aagartala, West Tripura District	16/M	Mental Retardation(MR)	80%
3.	Laxmi Das D/O- Madan Das Chandmari, Kunjaban, Agartala W est Tripura District.	17/F	Mental Retardation(MR)	75%
4.	Rita Barman D/o- Kalachand Barman Chandmari, Kunjaban, Agartala, West Tripura District	16/F	Mental Retardation(MR)	80%
5.	PrasenjitChakraborty S/O-GourangaChakraborty 79 tilla, Kunjaban, Agartala West Tripura District	14/M	Mental Retardation(MR)	100%
6.	TapayanDebnath S/O- Santosh Debnath SN palli, Aralya, Agartala , West Tripura District	10/M	Mental Retardation(MR)	90%
7.	Puja Chakraborty D/O- ChandanChakraborty Chandmari, Kunjaban, Agartala W est Tripura district	17/F	Mental Retardation(MR)	75%
8.	DipaBhowmik D/O - PradipBhowmik East Dokli, PurbaPratapgarh Agartala, West Tripura District.	14/F	Mental Retardation(MR	50%
9.	Gobinda Paul Ranirkhamar, West Tripura Disrtrick	14/M	Mental Retardation(MR	80%
10.	VikashSaha Ranirkhamar, West Tripura Disrtrick	8/M	Mental Retardation(MR	70%
11	JerusaDebbarma Belbari, Champaknagar, West Tripura District	13/M	Mental Retardation(MR	75%
12	TwisaDebbarma Belbari, Champaknagar, West Tripura District	9/M	Mental Retardation(MR	75%
13	NamrataDebnath C/O- ManojDebnath SDO Chowmuhuni, Nandannagar, West Tripura District	17/F	Mental Retardation(MR	75%
14	Amit Das DukliPanchayat, West Tripura District	14/M	Mental Retardation(MR	50%
15	Reshmi Das Nandannagar, West Tripura District	12/F	Mental Retardation(MR	80%

## C) Provision to provide shelter of children with multiple disabilities in Unmesh Children Home for Boys :

This Home is run by VHAT in Gokulnagar for 50 orphaned children in need. Among 50 children, 10 would be special children. In 2018-2019 there were two children with multiple disabilities, in this home.





**Child Receiving Kit of Teaching learning materials** 





### LOKASWASTHYA SAMBAD

(People's Health News)

This monthly Periodical "Loka Swasthya Samad" is registered by the Registrar of Newspaper of India (RNI) under the Ministry of Information and Broadcasting and Postal Department, Government of India. This is one of the advocacy tools of VHAT to reach to the policy makers and to create awareness among the mass on different health, environment and social issues.

## ■ The Loka Swasthya Sambad has different segments which are as follows:

- To the readers-critics on health and development policies-national and international.
- Health & Medical treatment.
- Mental Health.
- Adolescence and family life education.
- Traditional System of Medicine.
- Health News.
- Social Health.
- Health and environment.
- Letters to the Editor: feedback from the readers.

#### ■ The salient features of the periodical :

- It is the only monthly periodical on health issues in the state of Tripura running during last 11 years, thus it is drawing the attention of the policy makers, politician, and functionaries of the health service providing institutions of the state.
- Current burning issues on physical and mental health, environmental and social health issues are highlighted in the periodical.
- To enrich the contents, the experts are consulted and some contents are also driven from the web based resource centre / internet.
- It has the monthly circulation of 1200 copies.
- Feedback from the readers is given emphasis for giving more high lights on specific issues and taking corrective measures for upgrading the periodical.









## **GIVE INDIA SUPPORT**

ivelndia is a not for profit organization in India. It is an online donation platform and aims to channel and provide resources to credible Non-Governmental Organizations across India. It is a web portal, raises funds and contributions from individuals across India and the world and then disburses these donations to credible Indian NGOs. After a rigorous and thorough document based due diligence, supplemented by a visit or a strong reference, GiveIndia lists NGOs on its website.

Voluntary Health Association of Tripura (VHAT) is registered under Give India NGO Portal. In the year 2018-2019, we have received the following support from various individual Donors through Give India:

- For Orphan Home Rs.6,50,450/-
- For Ratanmani Vidyalay Rs.11,44,100/-
- For Cataract operation of Elderly Poor- Rs.58,740/-
- For providing Wheel Chairs for PWDs Rs.52,000/-
- General Support- Rs.44,864/-

### VHAT programmes with major support from GIVE INDIA









Providing Wheel Chairs for PWDs

# 18

## **Special Programmes**

#### Observance of Rabindra Jayanti and Welcoming the Bengali New Year 1425

On 9th May, 2018, this special ceremony was organized in Anwesha Children's Home for Girls run by Voluntary Health Association of Tripura in West Bhubanban, Agartala, Tripura. The Chief Guest and the Inaugurator of this event was Ms. Santana Chakma, Hon'ble Minister of Social Welfare and Social Education, Gov of Tripura. It was the 157th birth anniversary of the great poet & first Nobel laureate in Asia. He was awarded the Nobel Prize for Literature in recognition of his work Geetanjali, a collection of poems, in 1913. Children were extremely excited and whole heartedly participated through dances, songs, recitation and drama show based on the writings of Tagore. Other dignitaries present in the ceremony were Dr. Dilip Kumar Das, Hon'ble MLA, Barjala-West Tripura, four members of CWC-West District, viz. Shri Chayan Datta, Advocate -Shri Bidyut Datta, Shri Tapan Kumar Sarkar and Advocate-Smt Madhumita Bhattacharjee. Prof(Dr.) Dilip Kumar Ray-Founder Member of VHAT chaired the event. At the end of the function, special meal was offered for the children.

#### ■ Fitness Camp

On 29<sup>th</sup> April 2018, one fitness camp was organized in collaboration with Promise Social and Cultural Organization, in the hall of Anwesha Home. Participants were 70 children of the home. In this camp children practiced yoga and physical exercises. The organizers presented one football and one handball to the children.

### Observation of International Yoga Day 2018

Observation of International Yoga Day on 21<sup>st</sup> June 2018, organized by VHAT in Anwesha Children's Home at West Bhubanban, near Usha Bazar, Agartala. Two volunteers- Ms. Jayanti Goswami, yoga teacher and Ms. Aparajita Debbarma, from Art of Living conducted the Yoga sessions with 107 childrwen in Anwesha Home. All the children actively participated in practicing the Yoga Asanas and enjoyed the sessions.

### Special Eye Screening Camps

Twelve mega Eye Screening Camps were organized by VHAT Eye Hospital in the month of May-June, 2018, with support from ONGC Tripura Assets, in different areas of West.



Sepahijala and Gomati district of Tripura. In these camps 1611 eye patients were treated and cataract surgeries were done for 226 elderly poor rural eye patients.

#### 30th Annual General Meeting of VHAT

The 30<sup>th</sup>Annual General Meeting of VHAT was held on 26th August 2018 in the hall no.3 of Pragna Bhavan, Agartala. As part of theme session VHAT organized one state level workshop on "Antyodaya Sewa Vichar Manthan" as propounded by Pt. Deen Dayal Upadhyay, with the support of Ministry of culture, Govt of India and in collaboration with Indian Social Responsibility Network (ISRN), a New Delhi based social development organization . The Chief Guest of this workshop was Shri Rebati Mohan Das, Hon'ble Speaker of Tripura Legislative Assembly.

This workshop was participated by the representatives of VHAT Member Organizations, Individual Members & grass root level civil society organizations. The selected best practices of working with the Antyoday section of the society in Tripura were presented .The methodology of Antyodaya Sewa was discussed by Shri Santosh Gupta, CEO of ISRN. All together 85 persons participated in this theme session which was followed by the business session.





**Participation in National Level Exhibition cum Sales Fair of SHGs in Bhopal:** The NABARD organized a National Level Exhibition cum Sales Fair of SHGs in Bhopal Hat, Bhopal, Madhya Pradesh from 27<sup>th</sup> September to 2<sup>nd</sup> October 2018. From Tripura one WSHG named Jai Ganga, formed by VHAT, participated with the handmade bamboo utility products. This SHG got the First Prize in "All Product Sale" category.

## Tara-Tripura State Level Workshop on Prevention of Sexual Offenses against Children :

This was the third workshop organized on 8-9 December , 2018, in collaboration with Aarambh India, Mumbai. Ms.Nilima Ghosh, Hon'ble Chairperson of Tripura State Commission for Protection of Child Rights , inaugurated the workshop. Ms.Asmita Banik, Vice-Chairperson of Tripura Commission for Women was also present. Main Resource Person was Ms. Uma Subramaniam from Aarambh India. Representatives from all CHILDLINE projects of Tripura and some organizations who are working on

children's issues participated in this workshop. On the second day Ms. Santana Chakma, Hon'ble Minister of State Social Welfare and Social Education Department took part in interaction with the Head of the CHILDLINES and other organizations.

Focus on workshop was on the TARA network in Tripura, new ordinance to bring Death Penalty for Child Rapists, changes in existing sections of IPC & proposed changes in POCSO, handling disclosures and counseling of Child Victims.



#### Special Awareness Program against Child Marriage

This was organized jointly by CHILDLINE Agartala and Bamutia Outpost under Prayaash on 17<sup>th</sup> January,2019 in Bamutia Community Hall. The activities of this event were –

i) Drawing Competition on 'Effect of Child Marriage'- participated by the students of Class VI to XII from Berimura H.S.School. Bamutia High School and Taltala High School. ii) Debate competition, iii) Quiz competition and iv) discussion by prominent persons.

First activity started at 11.00 a m. followed by debate & quiz competition. From 3.00 p.m. the discussion / seminar started. This was inaugurated by Hon'ble MLA Shri Krishna Dhan Das. The welcome address was given by Shri Arindam Roy, Officer In-charge of Bamutia Outpost.

Next speaker was Dr.Sreelekha Ray, Executive Director of VHAT. Dr Ray elaborately discussed on Prohibition of Child Marriage Act (PCMA), 2006. Under this Act the marriage between a man below 21 years of age with a girl below 18 years of age, is punishable with imprisonment of two years, a fine of up to Rs 1,00,000/- or both. She also discussed the ill effects of child marriage like-

Early maternal deaths: Girls who marry earlier in life are less likely to be informed about reproductive issues, and because of this, pregnancy-related deaths are known to be the leading cause of mortality among married girls between 15 and 19 years of age.

Infant health: Infants born to mothers under the age of 18 are 60% more likely to die in their first year than to mothers over the age of 19. If the children survive, they  $\bigcirc$  Annual  $\bigcirc$  Report  $\bigcirc$  2018-19  $\bigcirc$  45

are more likely to suffer from low birth weight, malnutrition, and late physical and cognitive development.

Fertility outcomes: A study conducted in India by the International Institute for Population Sciences and Macro International in 2005 and 2006 showed high fertility, low fertility control, and poor fertility outcomes data within child marriages. 90.8% of young married women reported no use of a contraceptive prior to having their first child.

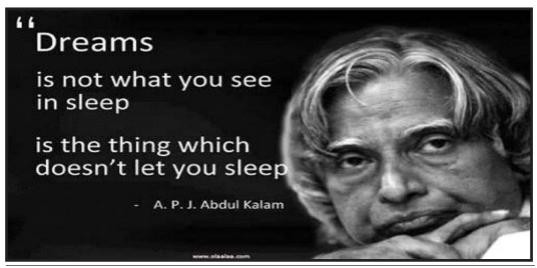
Violence: Young girls in a child marriage are more likely to experience domestic violence in their marriages as opposed to older women. A study conducted in India by the International Centre for Research on Women showed that girls married before 18 years of age are twice as likely to be beaten, slapped, or threatened by their husbands and three times more likely to experience sexual violence.

Dr.Ray also mentioned about the Protection of Children from Sexual Offences Act (POCSO Act) 2012 which was formed to protect children from offenses of sexual abuse, sexual harassment and pornography and to provide a child-friendly system for the trial of these offences. Under this Act, if any girl under 18 is seeking abortion the service provider is compelled to register a complaint of sexual assault with the police.

After that Dr. Dalia Das, Advocate Anjan Debnath and Shri Kajal Dey discussed about various aspects of child marriage.

Then the students of Berimura School presented a Drama on Child Marriage. This was well appreciated by more than 200 audience present in the hall.

At the end Hon'ble MLA Shri Krishna Dhan Das took part in prize distribution to the students. He asked the children to propagate the messages they received from this program to the community. Elimination of Child Marriage would be possible only by the joint efforts from all sectors of society. He thanked the Police Department and CHILDLINE for organizing such program. The program was ended with the announcement by Mrs Jayanti Sharma, Member Panchayat Samity and the Chair of this event.



# INFORMATION DOCUMENTATION, PUBLICATION AND DISSEMINATION

Voluntary health Association of Tripura (VHAT) runs an information and documentation centre. It collects different information from different sources and documents them.

The information and documentation centre consists of the following components:

- ☐ Journals and books on health, environment, income generation, and gender issues, disability, socio-economic issues.
- □ NGO promotion cell consisting of information on project proposal preparation, information about funding agencies and area of financial support by the funding agencies.
- ☐ Information boxes contain materials on health, environment, gender issues and other developmental issues.
- □ VHAT Programme reports, evaluation reports, reports on different research activities and VHAT publication.

#### **Books in Documentation Centre:**

SI. No.	Category	SI. No.	Category
1	Community Health	14	Mental Health
2	Appropriate Technology	15	Medical Science
3	Anti –Addiction General	16	Sociology General
4	Administration General	17	Population
5	NGO Promotion	18	Education
6	Aboriginal People	19	Disability
7	Reproductive and Child Health	20	Rational Drug Therapy
8	Development in General	21	Preventive and Social Health
9	Environment in General	22	Income Generation
10	Health Policy and Research	23	Developing Training Materials
11	Health Statistics	24	Law General
12	School Health	25	Child Right
13	Women's Health	26	Vocational Education



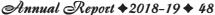


#### Following Books published by VHAT:

- 1. AIDS Niyee Kichu Katha Kichu Prasna (Few queries and discussion on AIDS),
- 2. Jauna Rog (STDs).
- 3. Jekhane Dactar Nei (Where There is No Doctor).
- 4. Tripurar Bonaushaudhi (Medicinal Plants of Tripura).

- 5. Projonan O Shishu Swasthya (Reproductive and Child Health).
- 6. Malaria.
- 7. Janasankhyar Gati Prakriti O Prajonan Shikhha (Population and Population Education).
- 8. Rajonibritti (Menopause).
- 9. Jakkha( tuberculosis).
- 10. Jal (Water).
- 11. Diabetes, Hapani, Hridrog ( Diabetes, Asthma and Cardio vascular disease).
- 12. Plastic Dhushan ( Plastic Pollution).
- 13. Parbesh: Samashya o Pratikar (Environment: problem and solution).
- Samkramak Byadhi O Bartaman Bishwa (Infectious Diseases and Present World).
- 15. AIDS Samparake Janun (Know about AIDS).
- 16. Pratibandhi Unnayan O Punarbasan Sahaika (Disables Development and Rehabilitation Education).
- 17. Yoga o Prakritik Chikisha (Yoga & Natural Treatment)





## Trainings/Meetings Attended by VHAT Members & Staff

raining is the process of enhancing the skills, capabilities and knowledge of employees for doing a particular job. Training process moulds the thinking of employees and leads to quality performance of employees. *Training* improves efficiency and productivity of employees. It is continuous and never ending in nature. For equipping the staff & members (human resources) with the understanding, skills and access to information, VHAT always tries to avail the opportunity to send them to participate in various relevant trainings, workshops & meetings.

In the year 2018 -19, VHAT Staff/ Members attended the following Trainings/ Meetings:

Training/Meeting/Consultation	Date, Venue, organized by	Participants
Regional Consultation on "Social Protection for Brick Kiln Workers & Production of Green Bricks	20 <sup>th</sup> April 2018 , organized by Centre for Education and Communication ( New Delhi) in State Guest House ,Agartala	Dr.Dilip Kumar Ray and Ms.Sanhita Barari
Nursery Management and Production technology of horticultural crop	20 <sup>th</sup> March to 22 <sup>nd</sup> march, 2018, by NABARD in ICAR, Lembucherra, Tripura Centre	14 Farmer – Beneficiaries of TDF Project
Consultation Meeting on Banning and Alternative of Plastic Carry Bags	8 <sup>th</sup> May 2018, by Tripura State Pollution Control Board	Mr.Phani Debnath
Governing Body Meeting of State Child Protection Society	10 <sup>th</sup> May,2018 , in new Secretariat Conference Hall No III	Dr.Sreelekha Ray
Meeting of DCPS, Sepahijala	5 <sup>th</sup> May,2018 in the conference hall of the office of DM & Collector of Sepahijala	Dr Sreelekha Ray and Mr. Gautam Sarkar
Inclusion of PWDs in the Electoral Process	10 <sup>th</sup> May,2018, in Hall No IV of Pragna Bhavan	Mr.Jyotirmoy Majumder
Meeting of DCPS	26 <sup>th</sup> June ,2018, in the DCPO Office of west district	Dr.Sreelekha Ray participated in it as one of the member of the committee
Steering Group Meeting of RAISE Project	9th - 10th of July 2018 held in Bosco reach Out, Guwahati, organized by Bethany Society.	Dr.Sreelekha Ray
Inspirational Dialogue	27 <sup>th</sup> August , 2018,by MFI in New Delhi	Dr.Sreelekha Ray & Ms.Jayanti Deb
State Level Meeting on Juvenile Justice Issues	29 <sup>th</sup> July,2018, organized by Juvenile Justice Committee, Hon'ble High Court of Tripura in Hall No.2 of Rabindra Shatabarshiki Bhavan.	Ms. Jayanti Deb & Ms.Mouma Mog
Meeting of DCPS & CAB	8 <sup>th</sup> August 2018 in the Conference Hall of DM office, Agartala	Dr.Sreelekha Ray & Mr Bipul Kanti Majumder

Workshop on Juvenile Justice(Care & Protection of Children) Act, 2015	25 <sup>th</sup> August 2018 at SIPARD, Agartala, organized by Dept of Social Welfare & Social Education	CHILDLINE Team Members
Annual Cross-Border Conference on Monitoring Progress in Bi-Lateral Arrangements between India and Bangladesh to Combat Child Trafficking	Organized by INCIDIN Bangladesh in Dhaka on 30 <sup>th</sup> August 2018	Mr.Sujit Ghosh
State Level Stake Holders orientation on NTCP	3-5 October, 2018 by Tripura State Tobacco Control Cell, Government of Tripura	Mr.Sujit Ghosh & Ms. Sanhita Barari
North East Zonal Conference of Indian Association of Preventive & Social Medicine	5-6 October,2018 in Pragna Bhavan, organized by Department of Community Medicine, Tripura Medical College & Dr.BRAM Teaching Hospital Agartala	Dr Sreelekha Ray from VHAT participated as a Resource Person
National Level Exhibition cum Sales Fair of SHGs in Bhopal	27 <sup>th</sup> September to 2 <sup>nd</sup> October 2018,by NABARD	Members of WSHG named Jai Ganga, formed by VHAT
Workshop on World Mental Health Day 2018	Organized by Indian Psychiatric Society, Tripura State Branch, on 10 <sup>th</sup> October 2018, in Agartala Town Hall	Team Members of CHILDLINE project, Superintendent of Anwesha Home with ten adolescent girls and Dr.Sreelekha Ray
Meeting of District Management Team of DDRC West District	12 <sup>th</sup> November 2018 in the Conference hall of DM Office	Dr.Sreelekha Ray as one of the member of management team.
Meeting of District Level Task Force under Child Labour (Prohibition & Regulation ) Act, 1986	28 November, 2018, held in the chamber of the Chief Labour Officer, Agartala	Dr.Sreelekha Ray
Zonal Meet on Inclusive Children Parliament	28-31 October,2018 in State Academy Hall , Kohima, Nagaland by RAISE NE Project	Jyotirmoy Majumder with Binit Roy & Rahul Das of Dr.B.R.Ambedkar High School, Dukli Block
Advocacy Planning meeting for 2019,RAISE Project	In Shishu Sarothi, Guwahati on 12- 13 December, 2018	Jyotirmoy Majumder
Consultation Workshop 2018 to Strengthen Programmes for Individuals with Disabilities	Organized by CBM & National Institute for Empowerment of Persons with Multiple Disabilities, Chennai, Tamil Nadu, on 18-19 December, 2018	Jyotirmoy Majumder
Interaction meeting on 'Child Protection in Travel & Tourism : Its Importance and Relevance'	22 <sup>nd</sup> December 2018, by ATSEC India in cooperation with Socio-Legal Aid Research & Training Centre, supported by Equations in Ramkrishna Mission Cultural Institutute, Gol Park, Kolkata.	Dr.Sreelekha Ray
District Level Para and Special Olympic & Cultural Programme for Divyangjan in connection to Observance of International Day for Persons with Disabilities	organized by the District Administration of Sepahijala District on 20 <sup>th</sup> January 2019	Team Members of VHAT- CHILDLINE project & Unmesh Home
Consultation Meet on Safety and Security of Women in Public Places	NIPCCD , Guwahati , on 11 <sup>th</sup> February,2019	Ms.Sanhita Barari and Ms. Kalyani Das
Training of Empanelled Counselors and Home Superintendents on Counselling	February 19-20,2019 organized by SWSE Department and Tripura Child Protection Society in SIPARD,A.D.Nagar,Agartala.	Superintendents , Psychologist and Social Workers of Anwesha Home
Orientation Training of Partner Organizations of Vitam in Angels in Tripura	Organized in VHAT Training Hall at Kunjaban, Agartala on 18 <sup>th</sup> March 2019	Supervisors and Field Workers.
International Conference on reflecting successes & barriers in implementing Inclusive Education for CWSN	28-30 March, 2019 in Pondichery University by CBM	Jyotirmoy Majumder, Coordinator – RAISE Project

## 21 ABRIDGED FINANCIAL STATEMENT OF 2018-2019

### **Give India Templates for Transparency & Accountability Disclosures**

For the Financial Year 2018 - 2019 (This template is based on GiveIndia Listing Norms)

The following tables are filled in based on duly audited accounts of

VHAT for the financial year ending on 31st March 2019

1. Balance Sheet	year ending on 31st Warch 20	
	All figu	res are Rs. in lacs
Assets as on	03/31/2018	03/31/2019
Fixed Assets	172.4345159	198.7663273
Investments	148.1089574	165.8015374
Loans and Advances	0.556973	0.749692
Cash and Bank Balances	84.2036135	80.0773547
Other Current Assets	0	0
Excess of Expenditure over income (if any)	0	0
Total Assets	405.3040598	445.3949114
		es are Rs. In Lacs
Liabilities as on	3/31/2018	3/31/2019
Trust/Society/Share-holder funds	0	0
General fund (unrestricted fund)	190.2821088	259.2575034
Corpus and endowment fund (s)	0.0275	0.0275
Restricted/Earmarked funds	173.83862	188.14185
Grant balances	4.1748864	-9.8481416
Loans and borrowings	0	0
Current liabilities and provisions	13.97155	4.96074
Excess of expenditure over income (if any)	23.0093946	2.8554596
Total Liabilities	405.3040598	445,3949114
2. Income & Expenditure Statement	, , , , , , , , , , , , , , , , , , , ,	
•	All	I figures are Rs. in lacs
Income for the year ended on	3/31/2018	3/31/2019
Self generated income	15.463136	17.628802
Donations from Indian sources	61.3530081	58.2645464
Grants from Indian sources	164.2868361	171.974028
Donations from International sources	0	0
Grants from International sources	0	0
Other income	1.0093917	4.9602536
Excess of income over expenditure (if any)	0	0
Total Income	242.1123719	252.82763
	All figures	s are Rs. In Lacs
Expenditure for the year ended on	03/31/2018	03/31/2019
Programme	187.1424215	209.21922
Public education and fundraising	4.9779	5.3891
Management and administration	8.9877788	9.4615618
Payments to Beneficiaries	7.85734 10.137537	12.7769 13.1253886
Others expenses Total Expenditure	219.1029773	249.9721704
Surplus	23.0093946	2.8554596
Curpius	242.1123719	252.82763

#### 3. Receipts & Payments Account

All figures are Rs. In La					
Receipts for the year ended on 03/31/2018 03/31/2019					
Opening Cash and Bank Balance	35.8208	84.2036135			
Self generated income	7.779156	9.736222			
Donations from Indian sources	60.4686881	32.5652964			
Grants from Indian sources	213.44701	218.22023			
Donations from International sources	0	0			
Grants from Internatinal sources	0	0			
Sale of investments/assets	0	0			
Loans	0	0			
Other receipts	18.8086917	30.6595036			
Total Receipts	336.3243458	375.3848655			

### All figures are Rs. In Lacs

Payments for the year ending on	03/31/2018	03/31/2019
Capital items/assets purchased for the organisation	0.662	1.19
Capital items/assets purchased for beneficiaries	7.115	38.2672
Purchase of investments	29.5	9.8
Grants/ Donations to other organisations	0	0
Loans and advances	0	0
Other payments	214.8437323	246.0503108
Total Payments	252.1207323	295.3075108
Closing Cash and Bank balance	84.2036135	80.0773547
Total Payments	336.3243458	375.3848655

4.	Major Project / Donors of the year (2018-2019)	Expenditure (Rs.)
1.	Open Shelter & Children Homes, Dept. of SW & SE GoT.	85,78,000.00
2.	CHILDLINE INDIA FOUNDATION, MoWCD	14,30,000.00
3.	Tribal Development Fund (North), NABARD	46,05,898.00
4.	Ratanmani Vidyalaya, Tribal Welfare Dept. Govt. of Tripura	20,99,000.00
5.	Eye Camps & Cataract Surgery-ONGC	4,95,000.00
6.	Miracle Foundation	24,50,221.00
7.	Women SHG (NABARD)	8,14,641.00
8.	GIVE India (Non FC)	22,24,260.00
9.	E Shakti, West & Gomati (NABARD)	11,08,520.00
	TOTAL (RS)	2,38,05,540.00

### Give India Template for Transparency & Accountability Disclosures for the Financial year 2018-19 Details of Board Members as on 31-03-2019

Name	Position on Board	No of meeting attended	Remuneration and reimbursements in Rs.	Remarks
Ms. Shikha Saha	President	4	Zero	
Mr. Parth Sakha Debnath	Vice President	4	Zero	
Ms. Banarani Choudhury	Secretary	4	Zero	
Mr. Sishuram Mahajan	Assistant Secretary	3	Zero	
Mr. Hari Bhusan Das	Treasure	4	Zero	
Prof. (Dr.) Dilip Kumar Ray	Member	4	Zero	
Mr. Benudhar Acharya	Member	3	Zero	
Md. Mokbul Ali	Member	3	Zero	
Mr. Anjan Bardhan	Member	2	Zero	
Mr. Jahar Debnath	Member	2	Zero	
Dr. Sreelekha Ray	Ex Officio (Executive Director)	4	2,95,404.00	

Total cost of international travel by all personnel (including volunteers) and Board members which was spent from VHAT accounts.

Name	Designation	Destination	Purpose	Expenditure (Rs.)
Mr. Sujit Ghosh	Asst. Director	Dhaka, Bangladesh	Conference	Nil

## Total cost of National Travel by all personnel (including volunteers) and Board members which was spent from VHAT accounts.

Name	Designation	Destination	Purpose	Expenditure (Rs.)
Dr. Sreelekha Ray & Ms. Jayanti Deb	Executive Director & Home Incharge	New Delhi	Inspirational dialogue Programme	Supported by MFI
Mr. Sanjit Bhowmik	Field Supervisor	Mumbai	Saras Fair	Supported by NABARD
Mr. Tutan Saha & Ms. Jhuman Dhar	Coordinator & F/S	Bhopal, M.P.	Saras Fair	Supported by NABARD
Jyotirmoy Majumder	Coordinator, RAISE	Pondicherry	International Conference	Supported by Bethany Society

#### The distribution of staff according to salary levels as on 31-03-2019

Slab of gross salary plus benefits	Male staff	Female staff	Total staff
Staff (per month)			
Less then 5000	2	14	16
5000 - 10000	20	18	38
10000 - 25000	10	7	17
25000 - 50000	1	1	2
50000 - 1,00000	0	0	0
Greater than 1,00000	0	0	0
Total	33	40	73

Particulars	Name	Designation	Remuneration (in Rs.) per year
Operational Head of the Organisation: (including honorarium):	Dr. Sreelekha Ray	Executive Director	2,95,404.00
Lowest paid person in the Organisation (Staff or consultant) :	Ms. Sridevi Tripura	Cook, Ratanmani Vidyalaya	42,000.00



# Internal Monitoring, Evaluation and Development Report 2018 – 2019

HAT has its **Internal Evaluation and Monitoring Committee** for guidance to proper implementation of the projects. This committee is headed by Prof (Dr) Dilip Kumar Ray, one of the founder members and **Chief Advisor** to the organization. This committee has done the quarterly monitoring and yearly internal evaluation of the organization with the following dimensions:-

#### **■** Purposes:

- Accountability to the donors.
- Accountability to the beneficiaries.
- Quantitative and qualitative contributions by staff and volunteers.
- Improvement of performance.
- Any gap in management of the projects.
- Measuring impact of the performance.
- Resource allocation and feedback on implementation.
- Public relations and fundraising supports for sustainability.

#### Methodology followed :

- 1. Review of the project activities and financial supports to achieve sustainable impacts.
- 2. Interactions with the staff of the Projects.
- 3. Interaction with the community / project beneficiaries.

#### Observations:

- The management of the organization give much importance on practicing 'transparency and accountability' which influenced all staff members for better contribution as much as they can.
- The records and books of accounts were maintained as per requirements.
- In case of all the projects VHAT tried to maintain the guideline for operation of the projects. As every project sanctioned by different funding agencies and respective funding agency has got its own plan of action, monitoring and reporting system to achieve targeted goals and achievements within set time, so the documentation of activities was as per requirement of respective funding agency.
- For all the projects, monthly meetings of the staff were organized in the presence of Executive Director for understanding the mode of operation and achievement.
- Sustained supports from GiveIndia helped VHAT to continue the midday meal in Ratanmani Vidyalay, providing quality services for children of ACPC and eye patients in VHAT Eye Hospital.
- Support from Miracle Foundation in addition to the grants from other sources helped to improve the health, education and nutritional condition of the children in Anwesha Child Protection Centre.

- Initiation of a Boys Children Home and CHILDLINE in Shipahijala District could extend the VHAT activities to the children in need of remote areas of state.
- The sustained activities with NABARD projects in different areas of the state made good impact on development of social health in the rural areas.
- Loka Swasthya Sambad was published and disseminated regularly on monthly basis. The quality writings on holistic health were very much attractive.
- The organization has given much importance to enhance the capacity of the staff for better performance through trainings in regional and national level.
- The projects undertaken by the organization were as per requirement of the community and the beneficiaries of focused community were found very much confident to continue the activities by themselves in future.

• Prof (Dr) Dilip Kumar Ray with some other committee members visited many of the grass root activities / projects like Ratanmani Vidyalay (Khoj Project) to understand the operation

#### ■ Gaps and Challenges:

- Some less capacitated grass root staff in the organization sometimes caused hurdles to get expected outcomes in some activities which require more trainings and monitoring.
- The organization has insufficient supports against staff salary in the approved budget of some of the present projects. So it is difficult to manage the salary of some of the core staff.



Meeting of VHAT Evaluation, Monitoring & Development Committee in Grassroot Projects

- Unexpected discontinuation of FCRA put hurdle for continuation of operation of some projects which has been discontinued this year also.
- Discontinuation of foreign supports for Eye Hospital and CBR projects created funding gap for these projects.

#### ■ Recommendations:

- There should be regular monthly and intense quarterly meetings of each project for better understanding of the progress which was lacking in case of some projects.
- Some of the core staff should be equipped for using more and more modern information technology for better monitoring and documentation of activities keeping pace with the flying time.
- More effective endeavor was to be taken to find out the local support for Eye Hospital and other activities.
- Management of infrastructure and immovable properties to generate regular and enhancing income to ensure good future of the organization.
- More emphasis should be given for developing the competent second line leadership for the organization at least for sustained projects.

# 23

## **Acknowledgement**





Relief work by CHILDLINE Agartala



A Beneficiary of TDF Project

Convergence Meeting , TDF Project





Inclusive Cultural Programme under RAISE Project



Cultural Programme by the children of Ratanmani Vidyalay during Annual Day on 27-12-2018



Children of Ratanmani Vidyalay during morning prayer on 26th November 2018



Celebration of Republic Day in Anwesha Children Home on 26th January 2019

#### VOLUNTARY HEALTH ASSOCIATION OF TRIPURA

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